



## **DANCE COACH REQUIREMENTS & RESOURCES:**

### **TSSAA Coaching Requirements**

Coaches should be familiar with and follow all TSSAA Health & Safety Policies.

[Health & Safety Policies](#)

TSSAA does not sanction dance as a sport, so dance coaches are not required to complete the NFHS "Fundamentals of Coaching" or "First Aid, Health, & Safety for Coaches" courses. However, these are great resources and can be accessed at [nfhslearn.com](http://nfhslearn.com).

TSSAA does not require Dance Coaches to be registered on the TSSAA Portal or to complete any TSSAA meetings. However, please ask your Athletic Director to add you to the Portal, so we have a current dance contact for your school to send important information.

### **Varsity Spirit Coaching Requirements**

If your squad will be competing in any Varsity Spirit competitions, coaches must be members of USA Cheer and meet those requirements.

[USA Cheer Membership Program](#)

For questions concerning Varsity Spirit competitions and camps, please contact:

Ashley Creasey, Varsity Spirit State Director  
901-619-2618  
[acreasey@varsity.com](mailto:acreasey@varsity.com)

### **Spirit Rules Book**

<https://tssaa.org/rules-books-for-coaches>

### **Additional NFHS Resources (not required)**

[NFHS Cheer and Dance Safety Certification](#)

[Coaching Cheer and Dance](#)

[Sportsmanship](#)

[Engaging Effectively with Parents](#)

[Social Media](#)