

2017-18 TSSAA Handbook

TSSAA CONSTITUTION CHANGES APPROVED FOR THE 2017-18 SCHOOL YEAR

1. Article VIII, Section 1 (Regional Meeting) – p. 7

Added the following statement: The principal, assistant principal, or athletic director shall attend the regional meeting annually. Failure to attend shall result in a warning. If an administrator does not attend the following year, the fine shall be \$100.00.

TSSAA BYLAWS CHANGES APPROVED FOR THE 2017-18 SCHOOL YEAR

1. Definitions (Financial Assistance Program)

Financial Assistance Program – Any program through which a school provides financial assistance to tuition-paying student-athletes and/or to any member of the student-athlete's immediate family. Employment by a member school of a tuition-paying student-athlete or the student-athlete's parent(s), guardian(s), or immediate family member(s) (other than as a full-time certified teacher or classified employee) shall be regarded as a financial assistance program.

2. Article 1, Section 2 (Membership) – p. 9

Membership contracts for the upcoming school year will now be signed and submitted by the Principal of the school no later than August 1st of that school term. The original date of May 15th was causing some individuals to sign a contract who may or may not be at the school the following year.

3. Article I, Section 3 (Membership) – p. 9

Clarifies that any school with a financial assistance program involving tuition-paying student-athletes and/or their immediate family must be classified as a Division II school.

4. Article I, Section 6 (Cooperative Programs) –p. 10

This addition states that schools in the same division may only request to form a cooperative program.

5. Article I, Section 9 (Coaches) – p. 11

This change removes the requirement that classified employees and non-faculty coaches must have five (5) or more years of experience and meet all educational requirements before serving as a head coach in football, baseball, softball, basketball, and track and field. They still must be submitted to the state office properly and complete the NFHS Coaches Education courses prior to coaching.

6. Article I, Section 9 (Coaches) – p. 11

This addition states that the use of a full-time certified teacher or retired educator who has not been submitted to the state office prior to the date of first contest allowed in the sport shall result in a fine of \$50.00.

7. Article II, Section 21 (Independent Game Participation) – p. 20

This change will allow the Principal to remove a student's name from the school's eligibility report prior to the first official contest date allowed in that sport and resubmit the student without penalty. If a Principal requests the state office to remove a student after the first official date allowed in that sport, such student may not again be certified during the season of that sport.

8. Article IV, Section 1 (Schools Which Member School May Play or Scrimmage) – p. 28

This change allows member schools to play one Alumni game, in all sports except football, and count it as one of the four scrimmages after the first official date of practice. If the game is played during the season, it must be counted as a regular season contest and put on the schedule.

9. Sports Calendar (Pre-Season Practice Rule) – pp. 30-43

Added that individual instructions may be given to no more than three students per day.

10. Sports Calendar (Off-Season) – pp. 30-43

Added the following: Individual instructions may be given to no more than three students per day. In football, no pads are permitted. Helmets may be worn.

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TENNESSEE SECONDARY SCHOOL ATHLETIC ASSOCIATION

CONSTITUTION

Article I Name and Purpose

Section 1. The name of the corporation shall be the Tennessee Secondary School Athletic Association, and hereafter shall be referred to as TSSAA.

Section 2. The purposes of the corporation shall be as stated in the Charter of Incorporation and, in addition, to stimulate and regulate interscholastic athletic competition among the member schools in accordance with the standards established by those schools in the TSSAA Bylaws.

Section 3. The mission of the TSSAA is to serve its members by providing leadership and coordination for the administration of interscholastic athletics, which will enhance the educational experiences of students. The TSSAA will promote participation and sportsmanship to develop good citizens through interscholastic athletics, which provide equitable opportunities, positive recognition and learning experiences to students while maximizing the achievement of educational goals.

Article II Athletic Districts

Section 1. For the purpose of administration only, the state shall be divided by counties into the following athletic districts:

First Athletic District: Carter, Claiborne, Cocke, Grainger, Greene, Hamblen, Hancock, Hawkins, Jefferson, Johnson, Sevier, Sullivan, Unicoi, Washington.

Second Athletic District: Anderson, Blount, Campbell, Knox, Loudon, McMinn, Monroe, Morgan, Roane, Scott, Union.

Third Athletic District: Bledsoe, Bradley, Grundy, Hamilton, Marion, Meigs, Polk, Rhea, Sequatchie.

Fourth Athletic District: Bedford, Cannon, Clay, Coffee, Cumberland, DeKalb, Fentress, Franklin, Jackson, Lincoln, Moore, Overton, Pickett, Putnam, Rutherford, Smith, Van Buren, Warren, White, Wilson.

Fifth Athletic District: Davidson, Macon, Montgomery, Robertson, Stewart, Sumner, Trousdale.

Sixth Athletic District: Cheatham, Dickson, Hickman, Houston, Humphreys, Giles, Lawrence, Lewis, Marshall, Maury, Perry, Wayne, Williamson.

Seventh Athletic District: Benton, Carroll, Chester, Decatur, Fayette, Hardeman, Hardin, Henderson, Henry, Madison, McNairy.

Eighth Athletic District: Crockett, Dyer, Gibson, Haywood, Lake, Lauderdale, Obion, Tipton, Weakley.

Ninth Athletic District: Shelby.

Athletic Districts 1, 2 and 3 shall comprise the Grand Division of East Tennessee; Athletic Districts 4, 5 and 6 shall comprise the Grand Division of Middle Tennessee, and Athletic Districts 7, 8 and 9 shall comprise the Grand Division of West Tennessee.

Article III Board of Control

Section 1. Administration: The administrative authority of the TSSAA shall be vested in a Board of Control composed of twelve members. This Board of Control shall be composed of four representatives from each of the three Grand Divisions of the State. The terms of office shall be staggered such that the terms of four members of the Board of Control, one from two Grand Divisions and two from one Grand Division of the State, shall expire each year. The election shall take place in an annual meeting of the schools in each Grand Division.

Section 2. Election: In each Grand Division, there shall be a minimum of one Independent School representative. Only administrators of member Independent Schools in that Grand Division shall be eligible for

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election to the Independent School seat. Each member school of the Grand Division that is represented at the meeting by the Principal, or other administrator, shall be entitled to one vote for each Independent School seat to be filled at the meeting.

Administrators from all member schools shall be eligible for election to the other three seats. Nominations shall come from the schools within the Athletic District, and only the members of that Athletic District may vote for their representative on the Board of Control. Each member school of the Athletic District that is represented at the meeting by the Principal, or other administrator, shall be entitled to one vote for each seat to be filled at the meeting. In the event of a tie vote, all member schools in that Grand Division represented at the meeting shall continue to vote until the tie is broken.

The term of office for members of the Board of Control shall begin December 1 following their election.

All members of the Board of Control must be full-time employees (minimum of 100 school days) who are principals, heads of school, or superintendents. (An assistant principal who devotes full time to administrative duties shall be eligible to serve.) County and City superintendents of systems of no more than one four-year high school or senior high school shall be eligible for membership. No individual can serve as a member of the Legislative Council and Board of Control at the same time.

Section 3. Officers: The officers of the Board of Control shall be a president and a vice president. These officers shall be elected annually by the members of the Board of Control and each shall perform the duties usually required of the office. The President and Vice-President of the Board of Control shall serve as President and Vice-President of the TSSAA. The President of the Board of Control shall also attend all meetings of the Legislative Council. The Executive Director shall act as Secretary of the Board of Control.

Section 4. Vacancies: Withdrawal from the teaching profession, suspension or lapse of membership of the school represented, or removal from the Athletic District represented shall immediately terminate membership on the Board of Control, and the vacancy shall be filled as provided below.

Vacancies on the Board of Control shall be filled by the members of the Board of Control representing the Grand Division wherein the vacancy occurs. Such members shall serve until the next annual meeting of the member schools of the Grand Division, at which time vacancies shall be filled by regular election.

Section 5. Power and Duties of Board of Control: The Board of Control shall:

- (a) Have general control over all athletic contests in which member schools participate.
- (b) Elect an Executive Director and delegate the authority to interpret and to enforce the Constitution and Bylaws of the TSSAA to the Executive Director.
- (c) Provide office facilities and employees for properly conducting the business of the Association. (The Tennessee Secondary School Athletic Association is an Equal Opportunity Employer.)
- (d) Determine and authorize all necessary expenditures of money in the conduct of the affairs of the Association.
- (e) Determine methods of, and qualifications for, registration of officials; revoke registration of any official for just cause.
- (f) Hear appeals from decisions of the Executive Director and render final decisions in those appeals.
- (g) Have authority to rule on any cause not covered by the Constitution and Bylaws, until the Legislative Council adopts a rule covering the situation.

Section 6. Meetings: The Board of Control shall meet in August, November, January, March and June. Other meetings may be called by the President of the Board of Control. The various ex-officio representatives shall be permitted to attend meetings and may provide input on behalf of their constituents but shall have no vote and shall not be or remain present during any meetings held in executive session.

Section 7. Quorum: A majority of the members of the Board of Control shall constitute a quorum for the transaction of business.

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Article IV Legislative Council

Section 1. Administration: The legislative body of the TSSAA shall be a Legislative Council composed of twelve members. This Legislative Council shall be composed of four representatives from each of the three Grand Divisions of the State. The terms of office shall be staggered such that the terms of four members of the Legislative Council, one from two Grand Divisions and two from one Grand Division of the State, shall expire each year. The election shall take place in an annual meeting of the schools in each Grand Division.

Section 2. Election: In each Grand Division, there shall be a minimum of one Independent School representative. Only administrators of member Independent Schools in that Grand Division shall be eligible for election to the Independent School seat. Each member school of the Grand Division that is represented at the meeting by the Principal, or other administrator, shall be entitled to one vote for each Independent School seat to be filled at the meeting.

Administrators from all member schools shall be eligible for election to the other three seats. Nominations shall come from the schools within the Athletic District, and only the members of that Athletic District may vote for their representative on the Legislative Council. Each member school of the Athletic District that is represented at the meeting by the Principal, or other administrator, shall be entitled to one vote for each seat to be filled at the meeting. In the event of a tie vote, all member schools in that Grand Division represented at the meeting shall continue to vote until the tie is broken.

The term of office for members of the Legislative Council shall begin December 1 following their election.

All members of the Legislative Council must be full-time employees (minimum of 100 school days) who are principals, heads of school, or superintendents. (An assistant principal who devotes full time to administrative duties shall be eligible to serve.) County and City superintendents of systems of no more than one four-year high school or senior high school shall be eligible for membership. No individual can serve as a member of the Legislative Council and Board of Control at the same time.

Section 3. Officers: The officers of the Legislative Council shall be a president and a vice president. These officers shall be elected annually by the members of the Legislative Council and each shall perform the duties usually required of the office. The President of the Legislative Council shall also attend all meetings of the Board of Control. The Executive Director shall act as Secretary of the Legislative Council.

Section 4. Vacancies: Withdrawal from the teaching profession, suspension or lapse of membership of the school represented, or removal from the Athletic District represented shall immediately terminate membership on the Legislative Council, and the vacancy shall be filled as provided below.

Vacancies on the Legislative Council shall be filled by the members of the Legislative Council representing the Grand Division wherein the vacancy occurs. Such members shall serve until the next annual meeting of the member schools of the Grand Division, at which time vacancies shall be filled by regular election.

Section 5. Duties: The Legislative Council shall make necessary amendments to the Constitution and Bylaws and act upon suggestions submitted by 25 members of the Association.

Section 6. Meetings: The Legislative Council shall meet in December and in March. Other meetings may be called by the President of the Legislative Council. The various ex-officio representatives shall be permitted to attend meetings and may provide input on behalf of their constituents but shall have no vote and shall not be or remain present during any meetings held in executive session. The Executive Director shall prepare an agenda for each meeting of the Legislative Council, which shall include:

- (a) Proposals from the regional meetings.
- (b) Proposals from any committee established by the Board of Control or Legislative Council.
- (c) Proposals from the TSSAA staff.
- (d) Any proposal submitted by the chief administrator of a member school to the Executive Director no later than four weeks prior to the Legislative Council meeting.

The Legislative Council shall not consider any item not on the agenda prepared by the Executive Director.

The agenda shall be published no later than seven (7) days in advance of a regularly scheduled meeting of the Legislative Council.

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Section 7. Quorum: A majority of the members of the Legislative Council shall constitute a quorum for the transaction of business.

Article V Executive Director

Section 1. The Executive Director shall be elected for a term of three years by the Board of Control.

Section 2. Under the direction of the Board of Control, the Executive Director shall receive, hold, expand and account for all funds of the Association.

Section 3. The Executive Director shall maintain the records and property of the Association.

Section 4. The Executive Director shall initiate investigations, conduct hearings, collect information, render decisions and fix penalties based on the information provided to the staff, and in accordance with the rules and regulations of the TSSAA. Such decisions shall be subject to review by the Board of Control on appeal by the principal of the member school involved.

Some examples of disciplinary action are, but not limited to, the following:

- (1) Probation to an individual sport in an athletic program shall result in a fine of \$500.00 annually.
- (2) Probation to a total athletic program shall result in a fine of \$1,000.00 annually.
- (3) Restrictive probation to an individual sport in an athletic program shall result in removal from the tournament series and a fine of \$1,000.00 annually.
- (4) Restrictive probation to a total athletic program shall result in removal from the tournament series in all sports and a fine of \$2,000.00 annually.
- (5) Suspension of an individual sport from participation or the total athletic program from participation.
- (6) No awards shall be given to a member school recognizing their finish in the regular season in any TSSAA sponsored sport if that school has been placed on restrictive probation for that sport.

Section 5. The Executive Director shall attend all meetings and serve as Secretary of the Board of Control and of the Legislative Council.

Section 6. The Executive Director shall be an ex-officio member of all committees of the Board of Control and of the Legislative Council.

Section 7. The Executive Director shall administer the rules and regulations governing the certification of officials as directed by the Board of Control.

Article VI Hearings

Section 1. Any school charged with violating TSSAA regulations shall be notified of such charges by the Executive Director. If a hearing is desired by the school involved, the Executive Director must be notified immediately in writing. Provisions will then be made for such hearing, and the school so notified.

Section 2. Hearings shall be conducted by the Executive Director in the presence of two or more members of the Board of Control who represent the Grand Division of the state in which the school is located, and who shall act in an advisory capacity. After testimony has been heard, the Executive Director shall meet in executive session with the members of the Board of Control who are present at the hearing. After discussing with the Board members the evidence and possible penalties, the Executive Director shall decide what penalty, if any, is to be placed against the school.

Section 3. Regardless of whether a member school has sought a hearing under Section 2, the school may appeal any decision of the Executive Director to the Board of Control. If the decision of the Executive Director is sustained, the school making the appeal shall defray the expenses for the meeting of the Board of Control in case a special meeting of the Board is called to consider the appeal.

Section 4. No member of the Board of Control shall serve on the Board while a case involving the school which he/she represents is being heard.

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Article VII Amendments

Section 1. The Constitution may be amended by a majority of the membership of the Legislative Council. The action of the Legislative Council shall be final except that any amendment it makes may be appealed to the entire membership upon request of 25 members of the Association submitted to the Executive Director in writing. An appeal to the membership must be participated in by at least 51 percent of the total membership or the appeal will be void. A two-thirds majority of those voting will be necessary to reject a regulation adopted by the Legislative Council. Any item, not on the regional agenda, that is submitted by a member school to the Legislative Council must be in writing and submitted to the Executive Director no later than four weeks prior to the meeting of the Legislative Council at which the item is to be submitted. Any item to be placed on the agenda of the Legislative Council must be submitted by the chief administrator of a member school, a committee established by the Board of Control, Legislative Council or members of the TSSAA staff.

Section 2. The Legislative Council shall not act on any proposed rule changes affecting any sport sponsored by TSSAA unless the proposed change has been called to the attention of the membership by letter or by being printed in the TSSAA bulletin.

Article VIII Regional Meeting

Section 1. Regional meetings shall be held in November and/or December of each year at Jackson, Nashville and Knoxville for the purpose of electing members to Board of Control and Legislative Council and of considering proposals to amend the Constitution and Bylaws or other legislative proposals. Proposals for consideration at regional meetings may be submitted by member schools, the Board of Control, or the Legislative Council. All such proposals must be submitted to the Executive Director in writing not later than October 15 of the year they are to be presented at the regional meetings. The Executive Director shall furnish all member schools with a list of all legislative proposals prior to the regional meetings, and the school or group responsible for each proposal shall be indicated. A committee composed of the President and Vice-President of the Legislative Council, the President of the Board of Control, and the Executive Director shall determine the order in which these proposals shall be considered at the regional meetings.

Each member school, provided it is represented by the principal, or by a faculty member designated by the principal, shall be entitled to one vote on all matters considered at the regional meeting held in its area, unless the Board of Control rules in advance of the regional meeting that certain items on the agenda shall not be voted on by the entire membership but that the vote shall be limited to schools concerned with a particular question. Non-voting faculty representatives of member schools have the privilege of speaking for or against any proposal considered.

The action of the member schools at the three regional meetings shall be used as a guide by the Legislative Council in adopting or rejecting legislative proposals.

The principal, assistant principal, or athletic director shall attend the regional meeting annually. Failure to attend shall result in a warning. If an administrator does not attend the following year, the fine shall be \$100.00.

FAQ's concerning the Constitution can be found on Page 46.

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DEFINITIONS

Affiliate Member – A school that has all the privileges and responsibilities of membership but does not participate in the tournament series in any sport.

Athletic Program – All aspects of the member school's program of interscholastic athletic competition in the sports listed in Article I, Section 5, of the TSSAA Bylaws.

Athletic Record – A student has an "athletic record" if the student has played in an interscholastic contest at the varsity, junior varsity, ninth grade, or any other level, on behalf a TSSAA member school or a school that is a member of a state athletic association holding membership in the National Federation.

Bona Fide Change of Residence – A move from one community to another that justifies a change of schools. Where a family continues to maintain a previous residence for the residential purposes of that family or any of its members, the move is not one that justifies a change of schools for purposes of the TSSAA Bylaws.

Coach – Anyone who instructs or supervises student-athletes in practices or contests.

Cooperative Program – Two member schools forming a single team in a sport in which at least one of the schools does not have a team and has not had a team for the previous five (5) years.

De Novo – Heard anew. Where a decision by the Executive Director is appealed "*de novo*" to the Board of Control, the Board of Control is not in any way bound, restricted, or limited by the findings or conclusions of the Executive Director and may render whatever decision it deems appropriate based on its own review of the facts and circumstances.

Enrolled – A student is considered "enrolled" at a school, for purposes of these Bylaws, when the student has (a) completed all paperwork required for attendance at the school; (b) paid all deposits and tuition due where applicable; and (c) either (i) attended classes for three days; (ii) engaged in three or more days of football, girls volleyball, cross country, golf, or girls soccer practice during the period on or after the Monday of the week of August 1; or (iii) participated in an athletic contest in any sport. A student may not be considered to be enrolled in more than one school at any time.

Financial Assistance Program – Any program through which a school provides financial assistance to tuition-paying student-athletes and/or to any member of the student-athlete's immediate family. **Employment by a member school of a tuition-paying student-athlete or the student-athlete's parent(s), guardian(s), or immediate family member(s) (other than as a full-time certified teacher or classified employee) shall be regarded as a financial assistance program.**

Guardian – An adult with whom the student has lived for twelve (12) or more months. For purposes of TSSAA Bylaws, official appointment by a court is not required to establish guardianship; however, no person may be considered a guardian for purposes of these Bylaws unless the student has lived with that person for twelve (12) or more months, regardless of whether that person has been appointed as a guardian by a court.

Junior Varsity – Any level of play below the varsity level, whether denominated as junior varsity, b-team, or otherwise. The membership of a junior varsity team shall be composed of varsity substitutes and any other non-varsity players identified on the school's eligibility list.

Last Participation Date – the date of the last interscholastic athletic contest in which the student participated.

Parent – The birth mother and biological father of a student; the person(s) to whom a proper jurisdiction grants adoption of the student; or a step-parent with whom the student regularly resides.

Practice – Any interaction between a coach and student-athlete(s) where instruction, teaching, coaching, etc., is occurring. Happenstance communications between coach and student-athlete(s), in circumstances where attendance by the student-athlete is neither expected nor required, are not considered to be practice. Such communications may not, however, be used to circumvent the requirement in open facilities that a coach act in a supervisory capacity only. In addition, try-outs are considered practice.

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Principal – The chief on-site administrative official of the member school, whether known as “principal,” “headmaster,” “executive principal,” or by some other title.

Regular Attendance – A student is considered to be in “regular attendance” at a school when the student is enrolled at the school; is taking at, or under arrangements approved by the member school, a minimum of five (5) full courses or the equivalent for which credit toward high school graduation will be granted by the member school upon the student’s completing and passing the courses; and is satisfying the requirements of the school or school system for class attendance applicable to students generally.

School Team – An entity comprised of one or more students in a school, under the control and conduct of the school, which represents the school in interscholastic athletic competition.

Territory – For a public school, the “territory” of the school is the geographic boundaries and bus routes of the area served by that school as established by the local board of education. For a system-wide public school, the “territory” of the school is the geographic boundaries of the school system. For a non-public school, the “territory” of the school is the area within a twenty (20) mile radius from the school.

Tournament Competition – The TSSAA-sponsored championship tournament series.

Transfer Student – A transfer student is any student changing schools for any reason other than having completed the highest, or terminal, grade at another school. A student who must change schools because he/she has completed the highest grade at his/her previous school is not considered a transfer student and is eligible to participate in athletics at any school he/she attends, without further approval, provided he/she satisfies the residence requirement above.

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TENNESSEE SECONDARY SCHOOL ATHLETIC ASSOCIATION

BYLAWS

There are three primary objectives that the member schools of the TSSAA attempt to achieve through their Bylaws: (1) maintaining athletics in its proper perspective as subordinate to the primary academic mission of the schools; (2) preventing the exploitation of students for athletic purposes; and (3) fostering fair competition, or a "level playing field," among the TSSAA member schools. While some particular Bylaws may serve additional purposes, all of the Bylaws should be read with these three overriding objectives in mind.

Article I

Membership and Athletic Program Administration

Membership - Sections 1, 2, and 3
Financial Statement - Section 4
Sponsored Sports - Section 5
Cooperative Programs - Section 6
Responsibility of the Principal - Sections 7 and 8
Coaches - Section 9
Rules Meetings for Coaches - Section 10
Contracts - Section 11

Membership

Section 1. Any secondary school in Tennessee which includes grade 9 and/or higher, which is approved by the State Department of Education, State Department of Education approved agencies (Schools must be in category 1, 2, or 3.), AdvanceEd, and/or Southern Association of Independent Schools, both non-public and public, desiring membership in TSSAA may make application to the Board of Control. Prior member schools that continue to serve students within the state of Tennessee may also make application to the Board of Control. Contracts for membership shall be approved or rejected annually by the Board of Control at its June meeting.

Member schools that withdraw from the TSSAA membership must be an affiliate member for one year upon application to renew membership.

Section 2. The annual dues for a senior high school in Division I Class A shall be \$150.00, in Division I Class AA \$200.00, in Division I Class AAA \$250.00 and for a junior high school shall be \$100.00. The annual dues for a senior high school in Division II Class A shall be \$150, in Division II Class AA \$200. The Legislative Council may not increase membership dues unless the increase is approved by a vote of TSSAA member schools.

Membership contracts shall be submitted by August 1 for the subsequent school year. Membership dues shall be paid no later than September 1 and shall be for the school year (August 1 – July 31). There shall be a five dollar (\$5.00) per business day late fee charged to any school that fails to remit its membership dues by September 1.

Section 3. For tournament competition there shall be two categories. Division I shall be schools whose student-athletes do not receive need-based financial aid. Division II shall be those schools whose student-athletes may be the recipients of need-based financial aid, and any other school that chooses to participate in Division II. Any school with a financial assistance program involving tuition-paying student-athletes and/or their immediate family must be classified as a Division II school.

Any school which includes grade 9 and/or higher may compete as a member school.

Please see FAQ's on Page 47-65.

Financial Statement

Section 4. The fiscal year of the Association shall be from July 1 to June 30. At the close of the fiscal year, the Executive Director shall publish a financial statement. All surplus funds shall be used as directed by the Board of Control.

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Sponsored Sports

Section 5. TSSAA shall sponsor the following sports: baseball, girls' softball, basketball, bowling, cross country, football, golf, tennis, track and field, girls' volleyball, soccer, and wrestling.

Please see FAQ's on Page 47-65.

Cooperative Programs

Section 6. Only two member schools in the same Division may petition TSSAA annually for permission to have a cooperative program in any sport if one of the schools does not have that program and has not had that program for the last five years. The Executive Director of TSSAA may approve such cooperative programs subject to approval by the principals of the schools involved, the governing board of the schools involved, and the Board of Control.

Responsibility of the Principal

Section 7. The principal of each school, in all matters pertaining to the athletic relations of his/her school, is responsible to this Association. Administrators must realize that they have more responsibilities than the general public to understand the purpose of high school athletics and the principles behind the TSSAA rules, and they must maintain that level of understanding and purpose when dealing with the general public and students. The principal shall exercise control over all finances, the scheduling of contests, and all other matters involved in the management of the school's athletic program. Any school whose athletic program is managed by a non-school group shall not be eligible to hold membership in TSSAA.

The principal shall furnish to the Executive Director such information as may be desired concerning eligibility of contestants, participation and reports on officials. Failure to comply within a reasonable time shall subject the school to suspension, fine or other penalty. Any eligibility list shall remain on file in the principal's office for a period of not less than five years.

The principal, assistant principal, or athletic director shall attend the meeting for all administrators annually. Failure to attend shall result in a warning. If an administrator does not attend the following year, the fine shall be \$50.00.

Section 8. All games shall be properly supervised to ensure sportsmanlike contests. The host school shall be responsible for providing sufficient security to ensure orderly conduct on the part of all spectators. Visiting teams shall be accompanied by the principal or someone designated by the principal. If the game is played on a neutral field and neither team is designated as the host team, the competing schools shall share the responsibility of providing sufficient security.

The host school is responsible for the safe passage of the game officials upon arrival and exiting the facility.

Public criticism of game officials by administrators or coaches may result in a fine of \$500.00 assessed to the school.

Member schools are responsible for the conduct of their own fans and students at every athletic contest, regardless of where it may be held.

The coach and principal of each of the schools participating in an athletic contest shall file a report immediately with the state office if there is any unusual incident involving poor sportsmanship, during or following the game, on the part of players, coaches, school administrators, game officials or spectators.

Please see FAQ's on Page 47-65.

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Coaches

Section 9. All coaches must be registered with TSSAA annually and will fall under one of the following categories:

1. Full-time certified teacher (a minimum of 100 school days) of a board of education with a Tennessee teaching license or the equivalent.
2. Retired educator (five or more years' experience) with a valid Tennessee state teaching license or the equivalent.
3. Non-faculty coach – Anyone approved by the principal, superintendent, and/or local board of education in the normal course of employment procedures in accordance with applicable state law.
4. Classified Employee – Any individual employed by a member school or school system in a position that does not require a teaching license or the equivalent. A Classified Employee must be employed 30 hours or more per week in a non-coaching position and may not be an independent contractor or an employee of an independent contractor.

A. Coaching Requirements:

1. All coaches must be approved by the principal, superintendent, and/or local board of education prior to coaching.
2. All coaches must be submitted online in the school's log in area to the state office annually. This must be done prior to coaching.
3. Non-faculty Coaches and Classified Employee Coaches must complete the NFHS "Fundamentals of Coaching" and "First Aid, Health, & Safety for Coaches" courses prior to assuming the position. Coaches who have successfully completed the ASEP Coaches Education Course prior to May 15, 2013, will not be required to take the NFHS courses. A school must pay an annual registration fee of \$50.00 per Non-faculty Coach. There is no registration fee for a Classified Employee.

B. Use of a coach who does not meet all the requirements listed above or the use of a Non-faculty Coach or Classified Employee Coach who has not been submitted to the state office shall result in a fine of \$500.00. **Use of a full-time certified teacher or retired educator who has not been submitted to the state office prior to the date of first contest allowed by the Sports Calendar shall result in a fine of \$50.00.**

C. All coaches are subject to the TSSAA rules and regulation and must conduct themselves in a manner becoming of a coach and representative of the school. All coaches are responsible to the principal of his/her school. Coaches must realize that they have more responsibilities than the general public to understand the purpose of high school athletics and the principles behind the TSSAA rules, and they must maintain that level of understanding and purpose when dealing with the general public and students. Coaches must be paid entirely from funds approved by either the board of education, governing board of the school, Director of Schools, or the Principal of the school.

Please see FAQ's on Page 47-65.

Rules Meetings for Coaches

Section 10. A member of the coaching staff in each sport and cheerleading or the Athletic Director shall attend a state rules meeting, if held, or complete the online rules meeting (if available), in the sport involved. The penalty shall be a fine of \$50.00 if a member of the coaching staff in each sport and cheerleading or the Athletic Director does not meet this requirement for two consecutive years.

Contracts

Section 11. Contracts made and entered into by member schools may be cancelled by mutual agreement or by authority of the Board of Control. All contracts between two schools shall be signed by the principals contracting. In the event a dispute arises under a written contract between two member schools, and the contracting schools are unable to resolve that dispute, either school may request a resolution by the Executive Director. The Executive Director's determination may be appealed to the Board of Control, whose decision shall be final and binding. TSSAA shall not resolve any disputes under contracts that are not in writing.

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Article II Eligibility

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Preamble

The member high schools of the Tennessee Secondary School Athletic Association have adopted, through their elected representatives, an essential inter-related group of minimum eligibility requirements which establish the threshold for participation for all students within the interscholastic program and which work together to define and preserve the fundamental nature of the program.

At the junior varsity or B-Team level, the only eligibility rules that apply are those in Sections 1 (Enrollment), 2 through 4 (Academic Rules), 5 (High School Graduate), 6 (Eight-Semester Rule), 7 (Repeating Rule), 8 (Eighth Grade Participation), 9 (Age Limit), 10 (Physical Examination and Parental Consent), 13e (Coaching Link), and 25 (Home School Rule). At the varsity level, all eligibility rules apply.

Enrollment and Attendance

Section 1. To be eligible, students shall be regularly enrolled, in regular attendance, and carrying at least five full courses or the equivalent. A student is eligible to participate in football, volleyball, cross country, golf, and girls' soccer prior to the beginning of school if the student is enrolled at the school and meets all other eligibility requirements.

A student shall not participate in athletics during any semester unless he/she is duly enrolled on or before the 20th day of the semester. This rule shall not apply to transfer students who have met the attendance requirements in the school last attended.

Please see FAQ's on Page 47-65.

Academic Rules

Section 2. To be eligible to participate in athletic contests during any school year, the student must earn five credits the preceding school year if less than 24 credits are required for graduation or six credits the preceding school year if 24 or more credits are required for graduation. All credits must be earned by the first day of the beginning of the school year. Academic eligibility for a student is based on the requirements of the school the student was attending at the conclusion of the previous school year.

Students who are ineligible the first semester may gain eligibility the second semester by passing five subjects (1/2 credit) or three blocks (one credit per block) or the equivalent.

Students on trimesters who are ineligible at the beginning of the school year may gain eligibility by passing five subjects (1/2 credit) or three blocks (one credit per block) or the equivalent the first trimester. Those students will be eligible to participate in athletics when school resumes on or after January 1 of that school year.

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If a student is forced to withdraw from school, or is prevented from enrolling in school, due to the student's illness, his/her accident, or his/her disability, the principal may request a ruling in regard to the student's eligibility, provided the student was eligible at the time the illness or accident forced the student to withdraw or prevented the student from enrolling in school. If ruled eligible, such a student shall be charged with a semester of attendance for athletic purposes for the semester of non-attendance or withdrawal.

A student who returns to a member school after attendance at a school of correction or alternative school may be eligible for athletic participation provided the school of correction or alternative school is accredited by the Tennessee State Department of Education and provided the student returns to the school attended before entering the school of correction or alternative school.

Section 3. For athletic purposes the scholastic record filed in the office of the principal or superintendent at the end of a semester shall be final. Credits earned in a summer school accredited by the State Department of Education shall be recognized for eligibility purposes provided the student was enrolled during the spring semester immediately preceding the summer session and attended at least 40 days of that spring semester.

Section 4. A student who drops out of school before the end of the semester shall be ineligible to participate in secondary school athletics until the student has been in school a semester and has passed in at least five full unit subjects or the equivalent. (To become eligible under this regulation, a student must attend school for at least 40 days of the semester, but in no case shall the eligibility become effective until the beginning of the succeeding semester.)

Please see FAQ's on Page 47-65.

High School Graduate

Section 5. No student shall be eligible to participate in athletics after he/she has graduated from a secondary school. (A student who takes an accelerated course shall not lose his/her eligibility even though that student earns enough units to graduate provided he/she does not participate in a graduating exercise or accept a high school diploma, and provided the student has not attended a secondary school for eight semesters after enrolling in the ninth grade.)

Eight-Semester Rule

Section 6. A student, once enrolled in the 9th grade, has eight (8) semesters of athletic eligibility. Attendance of 40 school days of any semester shall be regarded as a "semester" under this rule regardless of athletic participation. If a student participates in athletics during a period of attendance of any number of days less than 40, he/she shall be charged with a semester of attendance.

A student who registers for two or more ninth grade subjects after having completed one school year in the eighth grade shall be classified as a high school student for athletic purposes.

The seventh and eighth semesters of athletic eligibility shall be consecutive.

Please see FAQ's on Page 47-65.

Repeating Rule

Section 7. A student who repeats the seventh or eighth grade and participates in school athletics while repeating shall be ineligible in all sports at all levels in the ninth grade.

Please see FAQ's on Page 47-65.

Eighth Grade Participation

Section 8. An eighth grade student is eligible to participate for a member school if he/she is enrolled at the school. Students below the eighth grade are not eligible to practice or participate for a member school. Any student repeating the eighth grade shall not be eligible for high school participation during the year that the student is repeating the eighth grade.

Participation as an eighth grader shall not reduce the number of semesters a student is allowed to participate after enrolling in the ninth grade.

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Age Limit

Section 9. No student shall be eligible to participate in any athletic contest during any school year if he/she becomes 19 years of age on or before August 1. The age rule may be waived for the Tennessee School for the Blind when this school is competing with other schools for the blind provided such schools are permitted by their state associations to waive the age rule in competing with other schools for the blind.

Please see FAQ's on Page 47-65.

Physical Examination and Parental Consent

Section 10. It is required that no student be permitted to participate in practice sessions or in athletic contests until there is on file with the principal a preparticipation medical evaluation form signed by a doctor of medicine, osteopathic physician, physician assistant, or certified nurse practitioner stating that the student has passed a physical examination, not prior to April 15, and that in their opinion the student is physically fit to participate in interscholastic athletics. In lieu of the form, the principal may accept a signed statement from the health care provider certifying that the student has passed a physical examination that encompasses all elements on the preparticipation medical evaluation form and attesting that in their opinion the student is physically fit to participate in interscholastic athletics.

No student shall be required to submit to a physical exam if his/her parent(s) or legal guardian shall file with the principal a signed, written statement (affirmed under the penalties of perjury) declining such physical examination on grounds of sincerely held beliefs or practices.

It is required that no student be permitted to participate in practice sessions or in athletic contests until there is on file a parental consent certificate signed by a parent or legal guardian stating that the student has the consent of his/her parent(s) or legal guardian to participate

Please see FAQ's on Page 47-65.

Students Changing Schools

Section 11. General Provisions.

Residence. A student changing schools for any reason, to be eligible, must live at home with his/her parent(s) or guardian(s), unless:

- (a) the student is moving to a boarding school and has no athletic record the previous twelve months in any sport;
- (b) the student is moving as a direct result of the dissolution of the student's home due to death;
- (c) the student is moving as a direct result of the divorce of the student's parents; or
- (d) the student is moving as a direct result of the separation of the student's parents, provided a complaint or petition for absolute divorce has been filed with a court having jurisdiction to grant the divorce.

"Transfer Student" Defined. A transfer student is any student changing schools for any reason other than having completed the highest, or terminal, grade at another school. A student who must change schools because he/she has completed the highest grade at his/her previous school is not considered a transfer student and is eligible to participate in athletics at any school he/she attends, without further approval, provided he/she satisfies the residence requirement above.

Executive Director Approval Required. A school may not allow a transfer student to participate in athletics until his/her eligibility has been verified and approved by the Executive Director. The school is responsible for the accuracy and completeness of the information supplied to the Executive Director for this purpose.

Participation While Ineligible. If a student who is ineligible, under these provisions regarding students changing schools, competes in a contest while ineligible, then the student upon becoming eligible under these provisions will nonetheless be ineligible to participate in twice the number of contests in which he/she participated as an ineligible student or will be ineligible for the remainder of the season, whichever is less.

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Section 12. Eligible Transfer Students.

Except as otherwise provided in Section 13 below, the following transfer students are eligible:

- a. The student has no athletic record in the previous twelve months in any sport sponsored by TSSAA;
- b. There has been a bona fide change of residence by the student's entire family unit in which (1) the old residence is outside the territory of the new school, (2) the new residence is outside the territory of the old school, *and* (3) the new residence is inside the territory of the new school. If such a change of residence occurs between school years, the student must transfer at the beginning of the school year to be eligible. If the change of residence occurs during the school year, the student may transfer without loss of eligibility (1) at the time his/her parents change residence; (2) at the end of the next report card period; (3) at the close of the semester or term; or (4) at the close of the school year;
- c. The student changes schools as a direct result of re-zoning or re-assignment of students by the local school system provided the student transfers at the time they are re-zoned or re-assigned;
- d. The student is moving from a boarding school where they are a boarder to the school serving the territory where his/her parents live, or vice versa, provided the student has attended the school he/she is leaving for a minimum of twelve months and provided the principal at the school he/she is leaving indicates in writing that the move is not for athletic or disciplinary reasons. The move must be at the beginning of the school year. (Note: The school must be outside the day school territory of the boarding school.);
- e. The student is transferring to a senior high school in the same system into the earliest grade offered at that senior high school, i.e. at the student's first opportunity to move to that school;
- f. The student who has been determined by a Court to be dependent and neglected and consequently changes residences and schools as a result of a Court order;
- g. The first time the student changes residence from one parent to the other as a result of a court ordered custody change, so long as the principal of the former school attests in writing that the move was not for athletic or disciplinary reasons; or
- h. The first time the student changes residence from a guardian to either or both parents as a result of a court ordered custody change, so long as the principal of the former school attests in writing that the move was not for athletic or disciplinary reasons;
- i. The student is attending school where the student's parent works as a full-time certified teacher, that parent takes a full-time job as a certified teacher at a different school, and the student transfers to the school where the parent takes the new job. The transfer must take place when the parent takes the job or, if the job change occurs during the school year, the transfer must be made at the beginning of the following school year;
- j. The student who transfers from school A to school B and then returns to school A without having participated in any sanctioned sport at any level or without practicing three or more days after the first official TSSAA day of practice in any sport at any level at school B. This must be verified in writing by the administration of school B.

Section 13. Ineligible Transfer Students.

The following transfer students are ineligible for a period of twelve months from the student's last participation date:

- a. A student who transfers without a bona fide change of residence by his/her parents;
- b. A student who transfers as a result of a change of residence is ineligible unless (1) the old residence is outside the territory of the new school, (2) the new residence is outside the territory of the old school, *and* (3) the new residence is inside the territory of the new school;
- c. If a student has been ruled eligible as a result of a change of residence, and the parents or guardian return to the former residence before the student has been enrolled in the new school for one complete school year (or twelve months if the transfer occurred during the school year), the student will be ineligible for twelve months from his/her last participation date;

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- d. If a student has satisfied all other requirements for eligibility but was under discipline at his/her former school, the student shall be ineligible at the new school for twelve months or until the disciplinary charges have been removed, whichever is less.
- e. If a student with an athletic record transfers to a new school where an "athletic coaching link" existed in the past 12 months, that student is ineligible for 12 months at all levels in the specific sports where a linkage was present. Links may include (1) attendance at an individual camp (and then transferring); (2) playing on non-school (independent) teams (and then transferring to that coach's school); (3) transferring into a school where a former coach has been hired; and (4) transferring to a school where a former or current personal trainer or strength and conditioning coach is employed.

This rule does not apply if the student moves to his/her new schools after completion of the highest ending grade at his/her previous school.

If the ineligible transfer student has an athletic record for the previous or current school year in any TSSAA sanctioned sport, the student will be ineligible to participate in the sport(s) in which an athletic record has been established. Any subsequent transfer to another school without a bona fide change of residence will cause the student to be ineligible for 12 months, in all TSSAA sanctioned sports, from the date of enrollment in the new school year.

Section 14. Practice Rules.

Only students who are enrolled and in regular attendance at a school may participate in practice.

A student who engages in three or more days of practice after the first official TSSAA date of practice with a school in which the student is enrolled shall be ineligible in that sport for that season if the student enrolls in another school without a corresponding change in the residence of the student's parents.

A student who engages in three or more days of off-season practice in football and basketball with a school in which the student is enrolled shall be ineligible in that sport the following season if the student enrolls in another school without a corresponding change in the residence of the student's parents.

Section 15. Foreign-Exchange Programs.

A foreign exchange student is an international student who attends high school in the U.S. To be eligible for interscholastic athletics in the U.S., such student must be under the auspices of and be placed with a U.S. host family by an international student exchange program that has been accepted for listing by the Council on Standards for International Education Travel (CSIET) and be recognized by the U.S. Department of State. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The foreign exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities.

A foreign exchange student is considered to be placed with a host family when written notice of placement is provided by the exchange organization to the student and his/her parents, and to the host family.

Neither the school the student attends nor any person associated with the school shall have input into the selection of the student.

No member of the school's coaching staff, paid or voluntary, shall serve as the host family.

The foreign exchange student must possess a current J-1 visa, issued by the U.S. State Department.

The foreign exchange student must comply with all eligibility requirements, with the exception of Article II, Section 11 (Residence).

The foreign exchange student may participate a maximum of one school year. If the student decides to stay beyond the year in which they participate, then Article II, Section 11 (Residence) will be applied at the beginning of the next school year.

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Tuition and Financial Aid

Section 16. If tuition is charged, it must be paid by parent, bona fide guardian or other family member. If a parent, guardian or other family member secures a loan for payment of tuition, it must remain an obligation of the parents, guardian or other family member to repay the principle and interest in full with no exceptions. Any loan program, grant program, educational foundation or similar program that is established and/or administered, in whole or in part, by a school or official of a school is considered financial aid. Financial aid will be allowed under the following conditions:

1. Children of full-time faculty members may be given financial aid, but such students, if transfers, shall be ineligible for 12 months in any sport in which they have an athletic record for the previous or current year.
2. Financial aid may be awarded on the basis of need, but proof of such need must be filed in the TSSAA office on forms approved by the Executive Director. In order to determine the basis for need, all schools awarding financial aid shall use one of the following services: FACTS Grant and Aid Assessment (FACTS), Financial Aid for School Tuition (FAST), School and Student Scholastic Service for Financial Aid (SSS), Family Financial Needs Assessment (FFNA), Private School Aid Services, Smart Tuition Aid, or Tuition Aid Data Services (TADS). Schools must choose one of the companies for all student-athletes. A committee consisting of School Heads from Division II schools and one ex-officio, non-voting member from the Board of Control and Legislative Council will meet and make recommendations to the Board of Control on each student submitted. In addition, this committee will collect information from schools regarding financial aid statistics, grant procedures, and the overall financial aid program within the school. The Board of Control will then rule on all cases at the August meeting. The Board of Control shall have authority to reject the basis of need for students when in its opinion, or in the opinion of the school committee, the amount of need stated by the financial service cannot be justified.

Schools shall remove any student from athletic eligibility whose accounts with the school are 60 days overdue.

All records pertaining to financial aid or tuition assistance shall be open to TSSAA upon its request. Each school shall be responsible for securing necessary authorization to allow TSSAA to review or audit such records.

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Recruiting Rule

Section 17. Athletic recruiting is prohibited. Athletic recruiting is the use of influence on a student or the parents or guardians of a student, by any person(s) directly or indirectly associated with the school, to secure or retain a student for athletic purposes. In the event that there is a violation of this rule, there shall be a penalty against the school, and the student(s) who was the subject of the violation shall be ineligible for a minimum of one year.

The penalty and any additional period of ineligibility beyond the one-year minimum will be determined by the Executive Director based on a consideration of the number of violations involved, the number of student-athletes involved, the nature of the violation(s), the individual(s) responsible for the violation(s), and the extent to which the violation may have been knowing, deliberate, or in reckless disregard of the provisions of this rule and the commentary that accompanies this rule.

Guidelines for Understanding the Recruiting Rule

1. Athletes or prospective athletes should be treated no differently than students who are not athletes. Students should be seen as students and not singled out based on their potential athletic ability.
2. To avoid the appearance of impropriety, a coach who is contacted by any student or family or individual about attending a school where he or she is the coach should inform that person that he or she needs to contact the administrative official or officials of the school who normally deal with the admission process.
3. To avoid the appearance of impropriety, any meeting with coaches regarding athletes or prospective athletes should be a part of the admissions process at the school and should take place at the school.

Q. How is influence for athletic purposes interpreted in the recruiting rule?

A. Examples of influence for athletic purposes may include, but are not limited to:

1. Offers of or acceptance of any special privileges not afforded to other students, whether athletes or not.

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2. Offers of financial aid based on need to any prospective student-athlete by any member of the coaching staff. All financial aid questions should be referred to the principal or person in charge of financial aid.
3. Inducing or attempting to induce or encourage any prospective student-athlete to attend any member school for the purpose of participating in athletics even when the special remuneration or inducement is not given.
4. Any initial contact or prearranged contact by a member of a coaching staff or representative of the school and a prospective student-athlete in the seventh grade and above.
5. Offering or acceptance of any item with school advertisement (shirt, caps, jackets, etc.) to a prospective student; provided that this example does not apply to items of only nominal value (pencils, etc.) that a school gives to all families that participate in the school's admission process.
6. Admitting students to athletic contests free of charge based on their participation in athletics with non-school teams.
7. Recognizing students at athletic contests based on their participation in athletics with non-school teams.
8. Coaches or their representatives sending questionnaires, cards or letters, contacting, or visiting prospective student-athletes and/or their families at their homes. For purposes of the example, the terms "coach" assumes that the individual initiating the contact is acting in his or her capacity as a coach. If that person serves another role at the school and is not acting in his or her capacity as coach, then there may be no violation, unless the contact is really a method for what is in face the use of influence for athletic purposes.
9. Coaches or their representatives providing refreshments, gifts, and/or asking prospective student-athletes or family members for contact information.

Q. What is allowed or permitted by member schools in contacting prospective students?

A. The Recruiting Rule is not intended to prevent a member school from marketing its total school program or conducting programs designed to attract students based on the school's overall educational and extracurricular programs. However, such programs must not be used as a method for securing students for athletic purposes. Examples of programs or things that would be permissible include, but are not limited to:

1. With the permission of the administration of both schools, a school may present programs or give information to elementary, junior high, or middle schools, which explain their total educational program. There should be a diversity of presenters, speaking on a variety of topics to students of all interests.
2. Once a student has pre-enrolled at a school in the spring or summer, taken necessary steps, been accepted or approved, paid a deposit (if required), and signed a contract indicating they will attend, the school may contact the student or family concerning summer programs, camps, physicals, etc., provided the student has:
 - a. Completed his/her classes and exams at his/her previous school;
 - b. Signed the independent school's enrollment contract; and
 - c. Paid the deposit required by the independent school.
3. Mass marketing of a school directed to a general population of students.
4. Mass media advertising.
5. Responding to inquiries from parents of prospective students about various aspects of the school's program.

Q. Are there activities that might appear inconsistent with the Recruiting Rule and the Guidelines but have been historically engaged in by many member schools and are permitted under the current Recruiting Rule and Guidelines?

A. Yes. Over the course of many years, there are a number of activities that many schools have customarily engaged in and that have not been regarded as violations of the Recruiting Rule. So long as the activity does not single out particular student-athletes, and so long as the activity is not being used to circumvent the Recruiting

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Rule, the following such activities are permissible regardless of any apparent inconsistency with the Recruiting Rule or the Guidelines:

1. With the permission of the administration of both schools, a coach may present programs or give information to elementary, junior high, or middle schools, which explain their total program. All information concerning a particular sport program must be given out at one or both of the schools. Any program must be presented at one or both schools. Those students in attendance or who receive information must be determined by the administration of both schools.
2. Students on school teams and/or all students in a school or particular grade may be admitted to athletic contests free of charge provided it has been approved by the administration of both schools.
3. Students on school teams and/or all students in a school or particular grade may be recognized for their accomplishments at athletic contests provided it has been approved by the administration of those schools.

Amateur Rule

Section 18. A student who has never used and is not using his/her knowledge of athletics or his/her athletic skill for pay in the sports which this Association governs and who has always contested under his/her own name is an amateur. (Accepting money for officiating athletic contests or for working as an employee in a city or county recreation program is not a violation of this regulation.) A student who violates the amateur rule shall be ineligible for 12 months in the sport in which the violation occurs.

Such a student may be reinstated as an amateur after a period of one calendar year from the time he/she was declared ineligible has elapsed, provided he/she has not violated the amateur rule during this period.

Award Rule

Section 19. A student may accept a medal, trophy, state championship ring, high school letter, sweater, jacket, shirt, blazer or blanket but nothing else of commercial value. (A sweater, jacket, shirt, blazer or blanket must carry the high school letter or other appropriate award emblem.) None of the approved awards shall be accepted from an individual or a non-school organization unless the giving of such award has been approved by the principal of the school the athlete attends. Acceptance of forbidden awards will cause a student to become ineligible for 12 months in the sport in which the violation occurs. Bowling, golf and tennis students will abide by USBC, USGA, and USTA regulations in accepting awards.

Section 20. A member school that has any connection with the presentation of a forbidden award — such as assisting in the selection of the person to receive the award, permitting the award to be given at a school function, or holding the award for a student until he/she has graduated — shall be subject to suspension from tournament play in the involved sport(s) for one season.

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Independent-Game Participation

Section 21. Once a student's name is listed on the school's eligibility report, if a student participates in an independent game in that sport after the first contest date allowed and before the season has closed or his/her name has been removed from the eligibility report at the request of the school principal, the student shall be ineligible at the varsity level as explained below.

Any organized game in which players not registered with TSSAA participate – regardless of whether admission is charged - is considered as an independent game. Violation of this rule will render the student ineligible for 25% of the number of contests allowed in that sport by the sports calendar or for the remainder of the season in that sport, whichever number is the least. Violation of this rule a second time in the same sport in the same season will render the student ineligible in that sport for the remainder of the season.

A student's name may be removed from the school's eligibility list upon written request of the principal prior to the first official contest date allowed in that sport without penalty. After the first official contest allowed, a student's name may be removed from the school's eligibility list upon written request of the principal, and he/she may then participate as an independent without penalty. If the principal requests the state office to remove a student's name after the first official contest date allowed in that sport, such student may not again be certified during the season of that sport.

This rule does not apply to bowling, golf, and tennis.

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Specialized Camps

Section 22. All expenses of an athlete who attends any athletic camp where specialized instruction is offered in any sport sponsored by TSSAA must be paid by the athlete or his/her parents.

All-Star Games

Section 23 (a). No student shall be permitted to participate in an all-star game unless it is sanctioned by the TSSAA and unless he/she has completed high school eligibility in that sport; (b) no individual player is allowed to participate in more than two sanctioned all-star contests during the school year; and (c) any student who fails to comply with the preceding requirements loses athletic eligibility for a period of time to be determined by the Board of Control. This rule reflects the present NCAA rule involving all-star games and is designed to parallel those regulations.

If a student-athlete withdraws from school and participates in an All-Star game prior to completing their high school eligibility in that sport, he or she will be ineligible to participate in that sport twelve months past the date of the All-Star game.

An all-star game is defined as any contest (where admission is charged either directly or indirectly) in which one or both teams is composed of players selected from two or more regularly constituted teams. This regulation does not apply to summer baseball and girls softball.

Any all-star game involving TSSAA athletes must be sanctioned by the TSSAA. A filing fee of \$250.00 is required for the game to be considered for sanctioning. If the game is approved then an additional approval fee of \$750.00 is required. If the request is denied, then all fees shall be refunded. This fee is required annually for games involving groups not affiliated with the TSSAA.

No member school shall permit use of its equipment, facilities, or of its employees, directly or indirectly, in the management, coaching, officiating, supervision, or promotion of player selection of any unsanctioned all-star team or contest during the school year.

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Special Cases Involving Hardship

Section 24. Except for the eligibility rules in regard to age and to the number of semesters in school, TSSAA shall have the authority to set aside the effect of any eligibility rule upon an individual student when:

- (a) the circumstances causing the student to fail to satisfy the eligibility rule were unforeseen and unavoidable;
- (b) application of the rule to the student works an undue hardship in light of the unforeseen and unavoidable circumstances;
- (c) application of the rule would not accomplish the purpose for which the rule was intended; and
- (d) in the case of a change of schools, the change is for reasons unrelated to participation in athletics.

The burden of establishing each of these elements to the Executive Director's satisfaction is upon the school at which eligibility is sought.

Any decision of the Executive Director on any request for a waiver of eligibility rules under this Section may be appealed *de novo* to the Board of Control at its August, November, January or March meetings. If the appeal to the Board of Control or any materials in connection with that appeal are received by TSSAA less than one full week prior to the scheduled Board of Control meeting, the member school at which eligibility is sought shall be responsible for all additional expenses associated with providing copies of that material to the Board of Control. A school appealing a decision of the Executive Director under this Section must have an administrator (principal, assistant principal, or athletic director) present at the Board of Control meeting.

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Home School Rule

Section 25. This bylaw establishes the minimum eligibility requirements for a home school student desiring to participate in extracurricular athletics at a member school:

A. Definitions

1. A “home school” is a school conducted by a parent(s) or legal guardian(s) for their own child. To be a “home school” for the purposes of this bylaw, the child must be registered with the LEA that the child would otherwise attend if he/she were not being home schooled. The home school must be operating in compliance with state law.
2. “Director of Schools” shall mean the chief administrative official of a public school system. In the case of a private school, the responsibilities of the Director of Schools are to be carried out by the Head of School or chief administrative official in that school.

B. Minimum Eligibility Requirements

1.
 - a. The student shall be enrolled in a home school conducted by his or her parent(s) or legal guardian(s).
 - b. The student must be taking a minimum of five (5) academic subjects or the equivalent administered by the parent(s) or guardian(s) which count toward graduation.
 - c. The student must notify the Director of Schools (or Head of School, if a private school) by August 1 of the current school year.
2. The participating student must have a legal residence within the school district where he/she is registered, if registering with a public school. If registering with a private school, the student must have a legal residence within 20 miles of the private school and meet all tuition and financial aid requirements.
3. By August 15 of the school year, the parent or guardian must make application for participation in athletics to the principal of the member school in which the home school athlete wishes to try out and possibly participate.
4.
 - a. The home school athlete shall meet the same academic and conduct standards required of a member school student-athlete to participate in the athletic program.
 - b. The Director of Schools (Head of School for private schools) or their designee shall confer with the parent(s) or guardian(s) conducting the home school to determine that the home school student is academically eligible.
 - c. If a home school student’s course of study does not include five (5) academic subjects or the equivalent, which are being administered by the parent/guardian, then the Director of Schools (Head of School, for a private school) or their designee and the parent/guardian shall develop an alternative measure of academic progress and submit it to the TSSAA for approval.
 - d. In no event shall a home school student be eligible who is not receiving the minimum four (4) hours per day of instruction administered by their parent/guardian.
 - e. In no event shall a home school student be eligible who has fallen three (3) or more months behind the student’s appropriate grade level.
5. The home school student must provide proof of basic primary medical insurance coverage and liability insurance coverage which names the TSSAA as an insured party in the event the school’s insurance provider does not extend coverage to students enrolled in home school programs.
6.
 - a. The LEA may impose a participation fee for each sport in which a home school athlete participates. Such participation fee shall not exceed the fees or costs charged to or borne by students enrolled at the school and shall be paid in full prior to the first regular season contest.
 - b. A home school student participating at a private school must pay full tuition and abide by all financial aid rules. For the purpose of this rule, “full tuition” is defined as the same amount paid by all other students enrolled and in regular attendance at the school.

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7. The home school student must meet all other TSSAA eligibility requirements.
8. Eligibility issues may be appealed in accordance with the Bylaws of the TSSAA.
9. The home school athlete must adhere to the same standards of behavior, responsibility, performance, and code of conduct as other participants of the team.
10. Ultimate decisions on team rosters are left to the member schools.

Transfer:

1. After participation at the first member school, any changes within member schools shall be governed by the transfer rule.
2. Any student who withdraws from a regular school program, which for the purpose of this policy is defined as a member school, to enroll in a home school education program and who is ineligible at the time of withdrawal from the regular school program due to his/her failure to meet academic or behavioral eligibility standards shall be ineligible to compete in interscholastic athletic competition as a home education athlete until such time as he/she has satisfied this home school bylaw as well as all other eligibility bylaws of TSSAA.

Please see FAQ's on Page 47-65.

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Article III Compliance

Effect of Agreeing to Join TSSAA - Sections 1 and 2
Enforcement - Sections 3, 4, 5, and 6
Unsportsmanlike Conduct - Sections 7, 8, 9, 10, and 11
Playing of Ineligible Student-Athletes – Sections 12, 13, 14, and 15

Effect of Agreeing to Join TSSAA

Section 1. Membership in the association is voluntary. By joining the association, a member school agrees to abide by all rules of the association. If a member school, or that school's governing body, files suit against the association and does not prevail on the merits, the member school shall reimburse the association for all legal fees and expenses incurred by the association in connection with said suit.

Section 2. Each member school has a responsibility to monitor its athletic program and to self-report any violations of TSSAA Bylaws to the Executive Director as soon as the school is aware of possible violations. The responsibility extends to all administrators and coaches at the school. Each member school is responsible for the conduct of its administrators and coaches and for any knowledge possessed by its administrators or coaches.

Enforcement

Section 3. The Executive Director and/or the Board of Control shall have power to suspend, to fine, or otherwise penalize any member school for the violation of any provisions of the Constitution or Bylaws of the association or for other just cause. The period of suspension or other penalty shall be left to the discretion of the Board of Control where the penalty is not fixed.

Section 4. The Executive Director shall, in his discretion, determine whether information about any possible violation of the TSSAA Constitution or Bylaws is sufficiently reliable to justify further investigation. The Executive Director shall also, in his discretion, determine whether to conduct any investigation of possible violations of the Constitution or Bylaws as well as the nature and extent of any investigation that may be conducted and the procedures to be used in any such investigation. Factors to be considered by the Executive Director in making these determinations may include, but are not limited to, the workload of the TSSAA office, the seriousness of the alleged violation, the availability of staff members to assist in any investigation, the cost of investigation, the time needed to conduct an investigation, and any other factor the Executive Director may deem relevant in making these decisions.

Section 5. (a) A violation of the TSSAA Constitution or Bylaws will not result in any investigation or penalty if it is inadvertent and the school first learns of and reports the violation after the conclusion of the following year's playoffs in the sport in which the violation occurred, (b) If it is determined that a school (or any of its administrators or coaches) had knowledge of a violation or possible violation of the TSSAA Constitution or Bylaws and failed to promptly self-report it as required in Section 15, or that a delay in self-reporting occurred as a result of a failure by the school to properly monitor its athletic program as required in Section 15, the provisions of subsection (a) shall not apply. In any such case, a violation may be investigated and penalties may be implemented regardless of when the violation occurred.

Section 6. Any school under suspension, if it has restricted its athletic program to intramural athletics for the period of suspension, may be reinstated by the Board of Control upon application made in writing, 20 days in advance of the time it desires to be reinstated, to the Executive Director by the principal of the school and by the governing board under which the school operates. The Executive Director shall present the application of the suspended school to the Board of Control for its consideration. The principal and the governing board shall agree in writing that the school will abide by all rules of the association in the future. The principal and each member of the governing board shall sign the statement.

If a school with one or more two-year contracts has its athletic program in any sport suspended for violation of TSSAA regulations -- and the first game of the two-year contract has been played at the offending school -- such school shall be required to complete the contract, or contracts, when it resumes its athletic program if the school, or schools, affected desire.

Suspension of a member school shall free all existing contracts between that school and other member schools.

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Unsportsmanlike Conduct

The TSSAA and its member schools believe strongly that the major purpose of athletics at the secondary level is to be a part of the total educational program. A major part of this purpose is to stress to coaches, players, officials, and fans the vital importance of sportsmanship. It is critical that all people in each of these categories understand the major role that they play and the role model that they can be for others.

Recognizing this principle, unsportsmanlike conduct on the part of any of these groups cannot be accepted. As a result, the following actions will be taken when unsportsmanlike conduct occurs:

Section 7. Student Athletes Ejected for Unsportsmanlike Conduct in Any Sport

- A. In contests in which registered TSSAA officials are involved, the officials will immediately notify the state office with a written report if players are ejected for unsportsmanlike conduct. In soccer, this does not apply if the ejection occurs as the result of a player receiving a red card for his/her second caution. In sports where registered TSSAA officials are not used, it will be the responsibility of the principal and/or coach of the player involved to report this incident to the state office.
- B. On the ejection of the student-athlete, the school will be required to submit a report on the action of the player and any disciplinary action taken by the school. The minimum penalty will be as follows:
 1. Football – 1 Game Suspension
 2. Soccer – 2 Game Suspension except for the following offenses which shall result in a 1 Game Suspension:
 - a. A player anywhere on the field (other than a goalkeeper within his/her own penalty area) who deliberately handles a ball to prevent it from going into the goal.
 - b. A foul by a player against an opponent who is moving toward his/her offensive goal with an obvious opportunity to score.
 - c. There is no mandatory minimum penalty when a player is ejected for receiving a red card for his/her second caution.
 3. All other sports – 2 Game Suspension

The student-athlete is also suspended from all levels of participation (varsity, junior varsity, freshman) the same number of contest(s) in the sport involved.

If the student-athlete is a senior and cannot fulfill all of the disciplinary action due to the completion of the season, he/she will fulfill the action in the next sport in which they participate.

- C. In addition to what is presently required when a player is ejected for unsportsmanlike conduct, a meeting shall be held with the player, coach, principal, and parent(s) or guardian(s) with a report on the meeting and plans to directly address the matter to be filed with the state office.
- D. If a player is ejected for a second time for unsportsmanlike conduct, a more severe punishment shall be imposed.
- E. Other non-monetary penalties may be assessed by the Executive Director based on all the facts.
- F. In all situations where ejections occur for unsportsmanlike conduct, the individual will be removed from the next contest(s) following the one in which the ejection occurred. If the individual plays in a subsequent contest after being ejected for unsportsmanlike conduct the minimum penalty shall be increased by an amount determined by the state office.

Section 8. Substitutes Leaving Bench Area during an Incident or Fans Coming Onto the Field or Floor

- A. The school will be required to submit a report and video tape if available. All schools are instructed to inform individuals taping to continue taping all incidents.
- B. For substitutes leaving the bench area during an incident, the school will be fined a minimum of \$250.00. In addition, other non-monetary disciplinary action may occur, including but not limited to probation and/or restrictive probation for the sport in which the incident occurred.

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- C. For fans coming onto the field or floor during an incident, the school will be fined a minimum of \$250.00. In addition, other non-monetary disciplinary action may occur, including but not limited to probation and/or restrictive probation for the entire athletic program.

Section 9. Coaches Ejected for Unsportsmanlike Conduct

- A. The school and coach will be required to submit a written report of the incident.
- B. The school will be given a choice of removing the coach for a specified number of contest(s) and pay a fine of \$250.00 or face further disciplinary action. The school shall not allow the suspended coach to attend games while under suspension.
- C. In addition to what is presently required when a coach is ejected for unsportsmanlike conduct, a meeting shall be held with the coach, principal, and superintendent, or his/her appointed representative, with a report on the meeting and plans to directly address the matter to be filed with the state office by the principal.
- D. On any subsequent ejection by the same coach, the school will be given a choice of removing the coach for a specified number of contest(s) and pay a fine of \$500.00 or face further disciplinary action. The school shall not allow the suspended coach to attend games while under suspension.
- E. If the coach is ejected from the contest and an assistant coach or an employee of the school involved is not available to continue as coach, the event is terminated and forfeited to the opponent.
- F. Other non-monetary penalties may be assessed by the Executive Director based on all the facts.
- G. In soccer, coaches who are ejected for receiving a red card for his/her second caution, are also subject to the penalties outlined above.

Section 10. If a team is removed from competition, the school shall be fined \$500.00, and the school shall face disciplinary action by TSSAA. Other non-monetary penalties may be assessed by the Executive Director based on the facts.

Section 11. Appeals

Any appeal request regarding the ejection of players or coaches shall be submitted in writing from the administrator of the school, stating which playing rule was misapplied. It should be accompanied by \$50.00. If the appeal is granted, the \$50.00 will be returned to the school.

Playing of Ineligible Student-Athletes

Section 12. All rulings on eligibility must be in writing, and the accidental, intentional or other use of ineligible players by a member school shall require that team victories in which the ineligible player are forfeited to opponents; and any one or more of these additional actions may be taken:

- (a) That individual or team records and performances achieved during participation by such ineligibles be vacated or stricken;
- (b) That team or individual awards earned by such ineligibles be returned to the TSSAA; and
- (c) That a fine for the playing of an ineligible player be assessed against the school, if deemed necessary.

Section 13. If a student is ineligible according to TSSAA rules but is permitted to participate in interscholastic competition contrary to such TSSAA rules but in accordance with the terms of a court restraining order or injunction against his/her school and/or the TSSAA, and that injunction is subsequently voluntarily vacated, stayed, reversed or finally determined by the courts that injunctive relief is not or was not justified or expires without further judicial determination, those actions stipulated in Section 12 and 14 shall be taken.

Section 14. If an ineligible contestant competes in a meet, match or tournament and any violation of TSSAA rules occurs, all points earned by that student, or by a relay team of which he/she may have been a member, in that meet or tournament are to be declared forfeited; and in team sports (baseball, basketball, football, girls soccer, soccer, girls softball and girls volleyball) the entire contest is forfeited.

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When a team plays an ineligible athlete in TSSAA tournaments or playoffs, the entire contest is forfeited, the team is removed from the tournament or playoff, and no team replaces that team in the tournament series. All awards and money earned from the post season tournament series must be returned to TSSAA.

The penalty for playing an ineligible contestant shall be \$50.00 per contest at the varsity level and \$25.00 per contest below the varsity level, with a maximum fine of \$250.00, provided it is voluntarily reported by the school, which is in violation, to the Executive Director. If it is not voluntarily reported by the school to the Executive Director, the penalty shall be \$100.00 per contest at the varsity level and \$50.00 per contest below the varsity level. Other non-monetary penalties may be assessed by the Executive Director based on all the facts.

Section 15. If an otherwise ineligible student-athlete provides false information to a member school and is erroneously determined to be eligible and is allowed to participate on the basis of that false information, the student shall be ineligible at all levels in all sports at any member school for twelve (12) months from his or her last participation date.

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Article IV Miscellaneous

Schools Which Member Schools May Play or Scrimmage – Section 1
Contests with Out-Of-State Teams – Section 2
Tournaments and Meets – Section 3
Varsity Team – Section 4
Eligibility Lists – Section 5
Filing Schedule Reports – Section 6
Rules of the Game – Section 7
TSSAA Sports Calendar – Sections 8 and 9
Jamborees – Section 10
TSSAA Share in Tournament Receipts – Section 11
Filing of Tournament and Playoff Financial Reports – Section 12
Awards – Section 13
Use of Tobacco – Section 14
Officials – Sections 15, 16, 17, 18, 19, and 20
Bond – Section 21
Amendments – Section 22

Schools Which Member Schools May Play or Scrimmage

Section 1. A member of the Tennessee Secondary School Athletic Association is permitted to play or scrimmage any secondary school team with grades 9 and above in regular season play.

For the purposes of this rule, a school team may be one school or a cooperative program of one or more schools.

A member school may play one alumni game or one preseason scrimmage with alumni in all sports except football. If the school has separate teams for boys and girls in a particular sport (e.g., girls' and boys' basketball), each team may play an alumni game or preseason scrimmage. A preseason scrimmage with alumni must count as one of the four permitted preseason scrimmages. A game with alumni must count as a regular season contest.

Please see FAQ's on Page 47-65.

Contests with Out-Of-State Teams

Section 2. Only one out-of-state trip involving travel in excess of 600 miles round-trip by a team of a member school will be permitted during any one season, provided the trip has been approved in writing by the state office.

Please see FAQ's on Page 47-65.

Tournaments and Meets

Section 3. All Invitational Tournaments or Meets must be approved by the Executive Director.

A member school that wishes to host a tournament or meet that involves out-of-state teams must make application to the Executive Director for sanctioning.

Member schools must obtain sanctioning from the National Federation of State High School Associations when hosting the following types of events:

1. Any interstate or international event involving two (2) or more schools which is co-sponsored by or titled in the name of an organization outside the school community (e.g., a college/university, a theme park, an athletic shoe/apparel company).
2. Events in non-bordering states if five (5) or more states are involved.
3. Events in non-bordering states if more than eight (8) schools are involved.
4. Any event involving two (2) or more schools that involves a team from a foreign country. The host school should complete the international sanction application. This would include any event(s) that involves international traveling teams that play in multiple games in multiple states. (The exceptions to this rule are Canada and Mexico which are considered "bordering states.")

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Varsity Team

Section 4. There can be only one varsity team in any sport.

Please see FAQ's on Page 47-65.

Eligibility Lists

Section 5. An eligibility list containing the name of each student who is to participate during the season in each sport shall be filed online prior to the first contest allowed by the Sports Calendar for each particular sport. If a student whose name does not appear on the original eligibility list wishes to become a member of the squad, the student's name shall be filed online before the student is allowed to participate. Failure to file the eligibility online by the date required shall result in a fine of \$50.00. Any school failing to file such reports promptly along with checks for penalty, after being notified by the Executive Director, shall be subject to suspension.

Filing Schedule Reports

Section 6. Member schools shall file with the state office a copy of the schedule in each sport. Schedules shall be filed online prior to the date of the first contest allowed by the Sports Calendar for each particular sport. Failure to file the schedule online by the date required shall result in a fine of \$50.00.

Rules of the Game

Section 7. The official rules books as published by the National Federation of State High School Associations shall be used in football, basketball, baseball, girls' softball, wrestling, girls soccer, soccer, track and field, cross country, and girls volleyball. The official rules of the USGA shall be used in golf. The official rules of the USTA shall be used in tennis. The official rules of the USBC shall be used in bowling.

For all unsporting acts, TSSAA Bylaws as it relates to unsportsmanlike behavior and officials' jurisdiction supersedes any other rules book.

Cheerleading squads must abide by the AACCA Safety Guidelines while practicing or participating in a TSSAA sanctioned event.

TSSAA SPORTS CALENDAR

Section 8. For each sport there shall be a beginning practice date, a date for the first contest, a limit for the number of regular season contests, rules in regard to tournaments where applicable, rules in regard to off-season practice, and rules in regard to summer practice.

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TSSAA SPORTS CALENDAR

Football

- **Pre-Season Practice Rule** does not apply.
- **Pre-Season Acclimatization:** Helmets and shoulder pads may be worn the Monday of NFHS Week 3. Each individual athlete must practice in helmets and shoulder pads for three days prior to practicing in full pads, regardless of when they start practicing.
- First Practice Date in pads is the Monday of NFHS Week 4.
- **Practice Regulations:** **1.** Practice time in pads may not exceed 3 hours in a single practice. **2.** If there are multiple practices in pads on a single day, only one session per day should include full contact. The total practice time in pads may not exceed 5 hours, with practices separated by at least three hours of rest in a cool environment. **3.** No student shall participate in multiple practices in pads on consecutive days. Helmets may be worn at any time. A practice would be considered a practice in pads if shoulder pads and/or football pants with or without pads are worn. If weather postpones a practice in pads, the practice may resume after conditions are deemed safe and the remainder of the allotted practice time may be completed. In addition, all TSSAA Football Practice Regulations must be followed.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Friday of NFHS Week 7, no earlier than Wednesday. Eligibility and schedules must be filed online prior to playing.
- Maximum number of regular season contests is 10 games. Schools that do not qualify for the playoffs may schedule an additional game for a total of 11.
- Maximum of 10 days of **Off-Season** practice within a 15 consecutive school day period and two interschool scrimmages are permitted.
- In the **Summer** there are no restrictions in regard to practice. No pads are permitted. Helmets may be worn.
- There can only be 10 days of team-against-team competition which must occur after the conclusion of the **Dead Period**. Pads may not be worn during school-against-school competition.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport.

Individual instructions may be given to no more than three students per day.

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced in full pads a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day. No pads are permitted. Helmets may be worn.**

Summer – The period of time from the end of the school year until the Monday of NFHS Week 4 (opening day of practice).

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

Please see FAQ's on Page 47-65.

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TSSAA SPORTS CALENDAR

GOLF (BOYS' AND GIRLS')

- **Pre-Season Practice Rule** does not apply.
- First Practice Date is the Monday of NFHS Week 2.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 4. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 14 dates.
- In the **Off-Season** there are no restrictions in regard to practice.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Multiple Contests – In golf, individuals accompanied by a coach may enter varsity competition at a different site on the same date and time, and this will count as two days on the school's schedule.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the Monday of NFHS Week 2 (opening day of practice).

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

Please see FAQ's on Page 47-65.

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TSSAA SPORTS CALENDAR

GIRLS' VOLLEYBALL

- **Pre-Season Practice Rule** does not apply.
- First Practice Date is the Monday of NFHS Week 4.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 7. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 35 matches. Maximum number of tournaments is four with each tournament counting as three matches.
- **Off-Season** practice is not allowed.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. **Only students who are enrolled and in regular attendance at the school may participate during the school year.** ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Beginning Sport – Any school starting girls' volleyball for the first time may have five days of **Pre-Season** practice prior to the first season the sport begins.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the Monday of NFHS Week 4 (opening day of practice).

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR CROSS COUNTRY (BOYS' AND GIRLS')

- **Pre-Season Practice Rule** does not apply.
- First Practice Date is the Monday of NFHS Week 4.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 7. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 11 dates.
- In the **Off-Season** there are no restrictions in regard to practice.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Multiple Contests – In cross country, individuals accompanied by a coach may enter varsity competition at a different site on the same date and time, and this will count as two days on the school's schedule.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the Monday of NFHS Week 4 (opening day of practice).

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

GIRLS' SOCCER

- **Pre-Season Practice Rule** does not apply.
- First Practice Date is the Monday of NFHS Week 4.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 7. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 16 matches. Maximum number of tournaments is two with each tournament counting as two matches.
- **Off-Season** practice is not allowed.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Beginning Sport – Any school starting girls' soccer for the first time may have five days of **Pre-Season** practice prior to the first season the sport begins.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the Monday NFHS Week 4 (opening day of practice).

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

BOWLING (BOYS' AND GIRLS')

- **Pre-Season Practice Rule** does not apply.
- **Scrimmage Rule** does not apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 13. Eligibility and schedules must be filed online.
- In the **Off-Season** there are no restrictions in regard to practice.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR BASKETBALL (BOYS' AND GIRLS')

- **Pre-Season Practice** is not allowed.
- First Practice Date is the Monday of NFHS Week 18.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 21. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 24 games. Maximum number of tournaments is two with each tournament counting as two games.
- Maximum of five days of **Off-Season** practice within a 10 consecutive school day period.
- In the **Summer** there are no restrictions in regard to practice.
- Coaches may participate in a maximum of 10 days of team-against-team competition which must occur after the conclusion of the school year until the **Dead Period**.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

50% Rule – Participation (includes practice or games) during the school year on a non-school team prior to the school season by students that will play the following season on the high school team is limited to 50% of the number of players required to play the game, which would be three in basketball. Only the specified number of students participating on a non-school team prior to the school season may be placed on the high school eligibility list the following season. Those students cannot be interchanged on the school's team roster.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Hall of Champions Games – Schools may choose to play an unlimited number of games on any two dates during the week preceding the regular season. These games will not count against the number of regular season contests schools are allowed to schedule. Host schools shall send in 50% of the proceeds after paying referees to the TSSAA Hall of Champions fund.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

WRESTLING

- As far as **Pre-Season Practice**, there are no restrictions.
- First Practice Date is the Monday of NFHS Week 18.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 21. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 18 dates. **No individual shall wrestle more than 55 matches, excluding forfeits, in the regular season.**
- In the **Off-Season** there are no restrictions in regard to practice.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Multiple Contests – In wrestling, individuals accompanied by a coach may enter varsity competition at a different site on the same date and time, and this will count as two days on the school's schedule.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

GIRLS' WRESTLING

- As far as **Pre-Season Practice**, there are no restrictions.
- First Practice Date is the Monday of NFHS Week 18.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 21. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 18 dates. **No individual shall wrestle more than 55 matches, excluding forfeits, in the regular season.**
- In the **Off-Season** there are no restrictions in regard to practice.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Multiple Contests – In wrestling, individuals accompanied by a coach may enter varsity competition at a different site on the same date and time, and this will count as two days on the school's schedule.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

BASEBALL

- **Pre-Season Practice** is not allowed.
- First Practice Date is the Monday of NFHS Week 33.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 37. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 30 games. Maximum of four tournaments with each tournament counting as three games.
- **Off-Season** practice is not allowed. Exception: Coaches may be involved in a coaching capacity with students in their school on non-school teams.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Beginning Sport – Any school starting baseball for the first time may have five days of **Pre-Season** practice prior to the first season the sport begins.

50% Rule – Participation (includes practice or games) during the school year on a non-school team prior to the school season by students that will play the following season on the high school team is limited to 50% of the number of players required to play the game, which would be five in baseball. Only the specified number of students participating on a non-school team prior to the school season may be placed on the high school eligibility list the following season. Those students cannot be interchanged on the school's team roster.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

GIRLS' SOFTBALL

- **Pre-Season Practice** is not allowed.
- First Practice Date is the Monday of NFHS Week 33.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 37. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 34 games. Maximum of five tournaments with each tournament counting as four games.
- **Off-Season** practice is not allowed. Exception: Coaches may be involved in a coaching capacity with students in their school on non-school teams.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Beginning Sport – Any school starting girls' softball for the first time may have five days of **Pre-Season** practice prior to the first season the sport begins.

50% Rule – Participation (includes practice or games) during the school year on a non-school team prior to the school season by students that will play the following season on the high school team is limited to 50% of the number of players required to play the game, which would be five in girls' softball. Only the specified number of students participating on a non-school team prior to the school season may be placed on the high school eligibility list the following season. Those students cannot be interchanged on the school's team roster.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR TRACK AND FIELD (BOYS' AND GIRLS')

- As far as **Pre-Season Practice**, there are no restrictions.
- First Practice Date is the Monday of NFHS Week 33.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 37. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 11 dates. Each meet counts as one date.
- In the **Off-Season** there are no restrictions in regard to practice.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Multiple Contests – In track and field, individuals accompanied by a coach may enter varsity competition at a different site on the same date and time, and this will count as two days on the school's schedule.

Beginning Sport – Any school starting track and field for the first time may have five days of **Pre-Season** practice prior to the first season the sport begins.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

TENNIS (BOYS' AND GIRLS')

- As far as **Pre-Season Practice**, there are no restrictions.
- First Practice Date is the Monday of NFHS Week 33.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 37. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 16 matches. Each tournament counts as two matches.
- In the **Off-Season** there are no restrictions in regard to practice.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Multiple Contests – In tennis, individuals accompanied by a coach may enter varsity competition at a different site on the same date and time, and this will count as two days on the school's schedule.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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TSSAA SPORTS CALENDAR

SOCCER

- **Pre-Season Practice** is not allowed.
- First Practice Date is the Monday of NFHS Week 33.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 37. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 16 matches. Maximum of two tournaments with each tournament counting as two matches.
- **Off-Season** practice is not allowed.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Beginning Sport – Any school starting soccer for the first time may have five days of **Pre-Season** practice prior to the first season the sport begins.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. **Individual instructions may be given to no more than three students per day.**

Scrimmage Rule – A school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages (A scrimmage date is defined as more than two schools scrimmaging on the same day). No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. **Individual instructions may be given to no more than three students per day.**

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.

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Section 9. The sports season for a school shall end when the team has been eliminated from the TSSAA tournament series or has won the state championship. The sports season shall end for a school whose team does not enter the tournament series with the playing of the last regularly scheduled game.

Please see FAQ's on Page 47-65.

Jamborees

Section 10. A member school may participate in one jamboree per sport provided (a) the jamboree is approved by the state office and is held before any of the participating schools play their first game; (b) the jamboree is sponsored by the participating schools and all proceeds go to the participating schools; (c) the jamboree is conducted in accordance with the following regulations:

- A. No team or participant shall play more than the equivalent of half of a game or contest.
- B. Registered TSSAA officials must be used.
- C. Schools participating in a jamboree must file the regular eligibility report with the state office prior to participating.
- D. Schools must hold membership in TSSAA or membership in a Tennessee conference in order to be eligible to participate in a jamboree. (Out-of-state schools must obtain approval from their state association before participating.)
- E. Football schools may participate in a jamboree as early as Thursday of the week preceding the opening of football season.
- F. Basketball schools may participate in a jamboree one week preceding the opening of basketball season.

Participation in such a jamboree shall not count as a regular-season contest.

TSSAA Share In Tournament Receipts

Section 11. Eighteen percent of the gross proceeds from district and regional girls volleyball, district and regional girls soccer, district and regional soccer, district and regional bowling, district and regional girls bowling, district and regional baseball, district and regional girls softball, regional, sub-sectional, and sectional track and field meets, two-day invitational and regional wrestling tournaments, invitational, county, conference, district and regional basketball tournaments shall be paid to TSSAA.

After all expenses in connection with the holding of the state tournaments in football, basketball, bowling, track and field, cross country, baseball, tennis, golf, girls softball, girls volleyball, soccer and wrestling have been paid, the retention and/or disbursement of any remaining funds shall be determined by the Board of Control.

Filing of Tournament and Playoff Financial Reports

Section 12. All checks for district, regional, and sectional tournaments and playoffs must be distributed within 10 business days of the completion of the tournament or game. Failure, without good cause, will result in a \$100.00 late fee to be paid to TSSAA and used in the A.F. Bridges sportsmanship program to go to schools or individuals receiving awards. Failure, without good cause, to distribute funds within 20 business days will result in an additional \$200.00 late fee (total \$300.00). Failure, without good cause, to distribute funds within 40 days will result in an additional \$200.00 late fee (total \$500.00). The school may not host any tournament or playoff until the principal or athletic director appears before the Board of Control to explain the reasons. The Board would then determine whether the school could host tournaments or playoffs in the future.

Awards

Section 13. TSSAA shall furnish trophies, plaques, ribbons and medals in TSSAA-sponsored sports as determined by the Board of Control.

Please see FAQ's on Page 47-65.

Use of Tobacco

Section 14. The use of tobacco in any form by coaches, officials, and athletes is prohibited at TSSAA sanctioned events.

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Officials

Section 15. Officials used in contests in which TSSAA member schools participate are independent contractors and are not employees of TSSAA. Individuals desiring to serve as officials in contests in which TSSAA member schools participate must register with TSSAA. The Executive Director shall establish the minimum qualifications and standards for registration with TSSAA.

Section 16. (a) For varsity contests, all officials must be assigned by the TSSAA approved local association. (b) These officials must be registered and approved by TSSAA. If a registered official who has been engaged for an athletic contest fails to appear, the principal of the home school may, with the approval of the visiting school, select an official for the contest. If this is done, the principal of the home school must mail to the Executive Director within 48 hours evidence showing that a registered official was employed for the game and that the official did not appear. The principal of the home school shall give the name and address of the registered official who was employed to officiate the game, and the name and address of the non-approved official used as a substitute.

Section 17. In all sports sanctioned by TSSAA, the officials' jurisdiction begins upon the arrival of one official within the visual confines of the field or court and ends when the last official leaves the premises at the conclusion of the game. It shall be the duty of a game official to file immediately a report with the state office if there is any unusual incident involving unsportsmanlike conduct on the part of the players, coaches, cheerleaders, or fans.

Section 18. The Executive Director shall have authority to suspend the registration of officials who are guilty of unsportsmanlike or unethical conduct or who fail to file immediately required reports with the state office. Such decisions shall be subject to review by the Board of Control upon appeal by the official.

Section 19. An official shall be prohibited from working in an athletic contest in which a member of his/her immediate family — son, daughter, brother, sister, mother, father, husband or wife — is playing or is serving as a coach for either team. If an official is a teacher, the official is prohibited from working in an athletic contest if one of the teams represents the school in which the official is employed as a teacher unless otherwise approved by the Executive Director.

Section 20. A school may drop an official from a game after the official has been engaged. If a school decides that it is wise to break its agreement with an official, it may be done by paying the official the regular fee for the game. Canceled and postponed games do not come under the above provision, provided that the official is duly notified. In the case of postponed games, the officials that were originally employed must be given the opportunity to work on the new date.

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Bond

Section 21. The Executive Director of the TSSAA shall execute annually a Surety Bond on \$30,000 or more if the Board of Control directs, covering TSSAA funds held by him. The fee on this bond is to be paid from the Association funds.

Amendments

Section 22. The Bylaws of the TSSAA shall be amended by the same method as the Constitution.

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TENNESSEE SECONDARY SCHOOL ATHLETIC ASSOCIATION CONSTITUTION FREQUENTLY ASKED QUESTIONS

1.

Q. How are members of the Board of Control and Legislative Council selected?

A. Members of the Board of Control and of the Legislative Council are selected at the annual regional meetings in the fall. Each school represented has one vote. The sites, dates, and times of these meetings are determined by the Board of Control and posted on the TSSAA Calendar of Events.

2.

Q. How may a school charged with violating TSSAA regulations present its case?

A. The principal of the school may request the Executive Director to call a hearing in regard to the charges. Such a hearing is held before the Executive Director and two or more Board of Control members representing the Grand Division of the state in which the school is located.

3.

Q. May a decision made by the Executive Director be appealed to the Board of Control?

A. Yes.

4.

Q. What procedure is followed by a school that wishes to appeal to the Board of Control a decision of the Executive Director?

A. The school principal should notify the Executive Director in writing that the principal wants the Board of Control to review the case. If it is satisfactory to hold the review of the case at the next regular meeting of the Board of Control, it will be listed on the agenda. If the case is of such nature that the school wants immediate action, the principal should so indicate. The Executive Director will then communicate with the president of the Board who will call a special session to consider the case. When such a special session of the Board is called, the school requesting the special session shall pay all expenses of the meeting in the event the Board of Control sustains the decisions of the Executive Director.

5.

Q. Does the Executive Director have a vote on matters that are presented to the Board of Control?

A. No. The Executive Director is not a member of the Board of Control and therefore can have no vote on matters being considered by it.

6.

Q. May a member of the Board vote on a matter involving the school which he represents?

A. No. A member of the Board of Control cannot sit in on a case involving his/her own school.

7.

Q. How may a member school submit a proposal to amend the Constitution or to change the Bylaws?

A. By putting the suggested change in writing and filing it with the Executive Director no later than October 15 preceding the December meeting of the Legislative Council.

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TENNESSEE SECONDARY SCHOOL ATHLETIC ASSOCIATION BYLAWS FREQUENTLY ASKED QUESTIONS

Membership

1.

Q. How much are a school's membership dues?

A. Membership dues are based on where the enrollment of a school would place them in their respective Division.

Class AAA – \$550.00 (\$250.00 Dues; \$300.00 Catastrophic Insurance Assessment).

Class AA – \$400.00 (\$200.00 Dues; \$200.00 Catastrophic Insurance Assessment) if your school plays football.
\$300.00 (\$200.00 Dues; \$100.00 Catastrophic Insurance Assessment) if your school does not play football.

Class A – \$300.00 (\$150.00 Dues; \$150.00 Catastrophic Insurance Assessment) if your school plays football.
\$250.00 (\$150.00 Dues; \$100.00 Catastrophic Insurance Assessment) if your school does not play football.

Junior High – \$200.00 (\$100.00 Dues; \$100.00 Catastrophic Insurance Assessment)

2.

Q. If a school is not currently a member of TSSAA, what must they do in order to join TSSAA?

A. If the school meets the requirements as set forth in Article I, Section 1 of the TSSAA Bylaws, the school should send a letter to the Executive Director asking to be put on the next Board of Control Agenda for consideration for membership. A copy of the certificate indicating whom the school is accredited/approved by should be included with the letter.

Sponsored Sports

1.

Q. A school has both a boys' soccer program and a girls' soccer program. Can a female student participate in both the girls' program and the boys' program?

A. No. If the school has a girls' soccer program, then any female student may participate on the girls' soccer program. If a school does not have a girls' soccer program, then the student may participate on the boys' soccer team. This would also apply to basketball, bowling, cross country, golf, tennis, and track and field.

2.

Q. Can a female student participate in both baseball and girls' softball?

A. Yes. Baseball is not defined as a comparable sport to softball. A female student may participate in both girls' softball and baseball.

3.

Q. Can a boy participate on the girls' volleyball team?

A. No. Girls' volleyball, by its title, is a sport for girls only.

Responsibility of the Principal

1.

Q. Who is held responsible for a member school's observance of TSSAA regulations?

A. The principal or administrative head of the school.

2.

Q. Who is the proper person to sign eligibility reports, contracts, etc.?

A. The principal or administrative head of the school.

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3.

Q. Who is responsible for the conduct of the spectators at a game?

A. The principal and coach of the host school are primarily responsible. It is the duty of the host school to see that adequate security is present and assigned so that any disorder can be handled immediately. If the game is played on a neutral field and no host team is designated, the competing schools are jointly responsible for providing adequate security protection. Each school is responsible for the conduct of its students and fans, regardless of where an athletic contest is played.

Non-Faculty Coaches and Classified Employees

1.

Q. If a non-faculty coach or a classified employee has successfully completed the ASEP Coaches Education Course and the TSSAA Online Coaches Training Session prior to May 15, 2013, must they complete the NFHS "Fundamentals of Coaching" and "First Aid, Health, & Safety for Coaches" courses?

A. No.

2.

Q. How long does a non-faculty coach or a classified employee have to successfully complete NFHS "Fundamentals of Coaching" and "First Aid, Health, & Safety for Coaches" courses after being submitted to the TSSAA?

A. All non-faculty coaches and classified employees must successfully complete the NFHS courses prior to coaching.

3.

Q. How often does a non-faculty coach or a classified employee have to complete the NFHS "Fundamentals of Coaching" and "First Aid, Health, & Safety for Coaches" courses?

A. Once a non-faculty high school coach or classified employee successfully completes the courses, he/she will not be required to take any additional courses.

4.

Q. Where can I obtain information about the NFHS "Fundamentals of Coaching" and "First Aid, Health, & Safety for Coaches" courses? How do I access the courses?

A. Information regarding the NFHS courses can be found at nfhslearn.com. Persons required to take these courses will first have to register as a new user at nfhslearn.com. This can be done by selecting "Register" at the bottom of the gray "Sign In Here" box on the right side of the homepage. Participants will then select the two required courses from the "Courses" drop down menu in the red tool bar at the top of the page. Each participant must pay online with a credit or debit card when they register for the courses.

5.

Q. Are student-teachers considered non-faculty coaches?

A. If he/she is currently student teaching, he/she is allowed to do whatever his/her supervising teacher (college professor in charge) allows him/her to do as part of his/her total educational experience. He/She would not be considered non-faculty while he/she is student teaching.

6.

Q. Are retired educators considered non-faculty coaches?

A. No.

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7.

Q. Do non-faculty cheerleading coaches or classified employees serving as a cheerleading coach have to be registered with TSSAA?

A. Yes. However, it is not necessary for you to pay for cheerleading coaches. We only need the names for insurance purposes. Cheerleading coaches do not have to complete the NFHS “Fundamentals of Coaching” and “First Aid, Health, & Safety for Coaches” courses. Also, cheerleading coaches must attend or complete online the Cheerleading Rules Meeting every other year.

8.

Q. Can I register a non-faculty coach or classified employee online throughout the school year?

A. Yes. Once they have been approved by the principal, superintendent, and/or local board of education, they can be submitted online. Also, the registration fee of \$50.00 per non-faculty coach must be submitted to our office.

9.

Q. Can a non-faculty coach or a classified employee be a head coach?

A. Yes. Provided they have successfully completed the NFHS “Fundamentals of Coaching” and “First Aid, Health, & Safety for Coaches” courses OR the ASEP Coaches Education Course in a TSSAA-approved course combined with the TSSAA Online Coaches Training Session prior to May 15, 2013 and have been properly submitted to the TSSAA office.

10.

Q. Are high schools limited to the number of non-faculty coaches they can use?

A. No.

11.

Q. As a first year teacher who is coaching, do I have any requirements?

A. No.

Contracts

Q. Will the TSSAA enforce verbal contracts?

A. No. All contracts, to be binding, should be written on the regular contract forms.

Enrollment and Attendance

Q. Is there any regulation about the time a student must enroll in order to be eligible during a given semester?

A. Yes. A student must enroll on or before the twentieth day of a semester.

Academic Rules

1.

Q. A school requires 28 units of credit for graduation. How many credits must a student earn by the first day of the next school year in order to be eligible?

A. Students in a school that requires 24 or more credits for graduation must earn six credits the preceding school year.

2.

Q. A school requires 21 units of credit for graduation. How many credits must a student earn by the first day of the next school year in order to be eligible?

A. Students in a school that requires less than 24 units of credit for graduation must earn five credits the preceding school year.

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3.

Q. A student is academically eligible at the beginning of the school year. At the end of the first semester the student passes only one subject. Is the student eligible to participate in athletics the second semester?

A. Students that are academically eligible at the beginning of the school year will be academically eligible the entire school year.

4.

Q. A student is currently attending a school that requires less than 24 credits for graduation. At the end of the school year the student earns five credits and transfers due to a change of residence to a school that requires 28 credits for graduation. What is the student's eligibility status?

A. Eligible. The student will be academically eligible since he/she would have been eligible to participate at his/her previous school. Academic eligibility for a student is based on the requirements of the school the student was attending at the conclusion of the previous school year.

5.

Q. A student is currently attending a school that requires 28 credits for graduation. The student earns five credits at the end of the school year. The student has a bona fide change of residence to a school that requires only 21 credits for graduation. What is the student's eligibility status?

A. Ineligible. The student was ineligible academically at the school he/she was attending at the conclusion of the previous school year. Students cannot transfer in order to gain academic eligibility.

6.

Q. At the beginning of the school year, a student is academically ineligible to participate in athletics. May the student gain eligibility the second semester?

A. Yes. Students who are academically ineligible first semester may gain eligibility second semester by passing five subjects (1/2 credit), three blocks (one credit per block), or the equivalent. Students on trimesters may gain eligibility the second semester by passing five subjects (1/2 credit), three blocks (one credit per block), or the equivalent.

7.

Q. A school requires 21 credits for graduation. The student fails every course the first semester. He/she earns three credits the second semester. Can the student attend summer school and earn two credits toward academic eligibility?

A. Yes. Credits earned in summer school may be counted toward academic eligibility. All credits must be earned by the first day of the beginning of the school year.

8.

Q. At the end of the second semester, a student has earned four credits for the school year. The student is in a school that requires 24 or more credits for graduation. Can the student attend summer school and earn one credit and, also, take a correspondence course and receive one credit toward academic eligibility?

A. Correspondence courses approved by the local board of education may count toward athletic eligibility provided the student receives credit toward graduation.

9.

Q. An 8th grade student in middle school finishes the highest ending grade and is academically promoted to the next higher grade. What is his/her eligibility status?

A. The student will be academically eligible the entire school year.

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10.

Q. A special education student meets the academic requirements of his/her IEP by the beginning of the school year. What is his/her eligibility status?

A. The student will be academically eligible the entire school year.

11.

Q. A student attends a school that requires 24 or more credits for graduation. The student does not attend school during the fall semester. He/she re-enters school the spring semester and earns four units of credit. What must the student do in order to be academically eligible for athletics the next school year?

A. The student must enroll in summer school or correspondence courses that are recognized by the local board of education and counts toward graduation and earn two full units of credit by the first day of the beginning of the school year. The student must earn six full units of credit. Academic eligibility is based on credits earned and not subjects passed.

12.

Q. The school passing mark is 70. At the close of the first semester an athlete has a grade of 80. At the close of the second semester the grade in the same subject is 65. At the end of the school year the two grades are averaged and the student is allowed one unit of credit. May this subject be used in meeting the academic requirements?

A. Yes.

13.

Q. A student passes both semesters of a course, but does not receive credit toward graduation at the end of the school year because he/she does not meet the attendance policy. Is the student academically eligible to participate in athletics?

A. No. If the student does not receive credit toward graduation, the course may not be counted toward athletic eligibility.

14.

Q. Are subjects such as physical education and ROTC counted in determining the eligibility of a player?

A. Yes. Provided these subjects carry one full credit for the year or one-half credit for the semester and meet one hour each day for five days a week or the equivalent.

15.

Q. Is a student who drops out of school for one or more semesters eligible to participate when that student returns, provided he/she completes the last semester he/she was in school and receives the required number of credits the preceding school year?

A. No. A student must attend school one semester before he/she becomes eligible to participate.

16.

Q. A student is forced to withdraw from school, or is prevented from enrolling in school, due to illness or accident to the student. After being out of school for a semester, or a part of a semester, the student recovers from and enters school at the beginning of the next semester. Is it possible for such a student to be eligible to participate in athletics?

A. Such a case may be considered as a special case by the Executive Director provided the principal submits details in regard to the absence of the student. If the student is ruled eligible, that student shall be charged with a semester of attendance for athletic purposes, even though he/she attended less than forty days of the semester, or did not even enroll.

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17.

Q. A student has an incomplete or is conditioned at the end of the school year. Will the student be eligible for participation as soon as the conditions are removed?

A. A student who receives an incomplete in a subject which causes him/her not to meet minimum scholastic requirements is ineligible until the course is satisfactorily completed. His/Her eligibility is restored at that point.

18.

Q. A student was not in school during the spring semester. May that student attend summer school and become eligible for athletic participation the following fall by passing five subjects in summer school that would give him/her the required number of credits for eligibility?

A. No. A student must have been in school the preceding semester or the last semester school was in session in order to be eligible. A summer session is counted as a continuation of the spring semester.

19.

Q. A student repeats a course for which the student has already received a passing grade or is taking a course for which the student is not receiving credit toward graduation. Will this subject count as one of the credits earned the preceding school year for athletic eligibility?

A. No. A student may not repeat a course that he/she has already passed for athletic eligibility purposes nor may a student count a subject for which he/she is not receiving credit towards graduation for athletic eligibility purposes.

20.

Q. A student enrolls in a school and attends only two days. Is this considered enrollment?

A. No. In the definition of "enrolled", (c) states, "A student is considered "enrolled" at a school when the student has either attended classes for three days, has engaged in three or more days of football, girls volleyball, cross country, golf, or girls soccer practice during the period, on or after the Monday of the week of August 1, or has participated in an athletic contest in any sport."

21.

Q. A student attends school for twenty-five days and then drops out. During the twenty-five days of attendance: (a) he/she participated in one or more athletic contests; (b) he/she did not participate in any athletic contest?

A. (a) Student will be charged with a semester since he/she participated in an athletic contest.

(b) Student will not be charged with a semester since that student did not attend forty or more days.
(See Article II, Section 1 of the TSSAA Bylaws.)

22.

Q. A student who was ineligible the first semester becomes eligible the second semester by passing five subjects or three blocks or the equivalent. May he/she participate the weekend that marks the close of the first semester?

A. No. A student is not eligible until the opening day of the second semester.

Eight-Semester Rule

1.

Q. What is the maximum number of semesters a student can attend school and still be eligible for athletic participation in the Senior High Division?

A. After a student has attended school EIGHT SEMESTERS he/she is ineligible for further athletic participation.

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2.

Q. When does the EIGHT SEMESTER count begin?

A. As soon as a student enrolls in the ninth grade. A student is considered as enrolled in the ninth grade when he/she schedules two or more ninth grade subjects after having completed one school year in the eighth grade.

3.

Q. How does the semester rule apply to teams playing in the Junior High Division?

A. A student is limited to four semesters of eligibility after entering the 8th grade. The semester count starts when the student enrolls in the 8th grade.

Repeating Rule

1.

Q. If a student repeats the 7th or 8th grade, what is the status of the student's eligibility?

A. If a student repeats the 7th or 8th grade and participates in athletics at the school during the year he/she repeats, they will be ineligible during their 9th grade year.

Eighth Grade Participation

1.

Q. If an eighth grade student participates as a member of a senior high school team, is such participation charged against the student?

A. No. Such a student will still be entitled to four years of high school participation.

2.

Q. May a seventh grade student participate or practice as a member of a senior high team?

A. No, a student must be enrolled in the 8th grade or higher grade before he/she can participate or practice in the senior division.

Age Limit

1.

Q. Is a student whose nineteenth birthday falls on August 1 ineligible for participation in the Senior High Division?

A. Yes, any student who becomes nineteen years of age on or before August 1 of any school year is ineligible.

2.

Q. If a student becomes nineteen years of age on August 2, or any date thereafter, is that student eligible to participate for the remainder of the school year?

A. Yes.

Physical Examination and Parental Consent

1.

Q. A student receives a pre-participation physical on May 1 of the current school year. How long is that physical valid for the purposes of the TSSAA Bylaws?

A. The physical would be valid for the following school year, through the summer, and up until the first official day of practice for fall sports the next school year.

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2.

Q. A student who has not participated in sports during the current school year receives a pre-participation physical on April 1 in preparation for their school's spring football practice which begins on April 2. How long is that physical valid for the purposes of eligibility and the TSSAA Bylaws?

A. The physical would be valid for the current school year and the summer up until the first official day of practice for fall sports the next school year. The physical would not be valid for the next school year for the purposes of eligibility. Physicals must be dated on or after April 15 to be valid for the upcoming school year.

STUDENTS CHANGING SCHOOLS

1.

Q. A student changes school because of the death of his/her parents or guardians. The change is necessary in order for the student to have a home. Is he/she eligible?

A. Such cases should be submitted to the Executive Director who will make a decision on the facts submitted.

2.

Q. It becomes desirable for a student to live with his/her grandparents. The change in residence causes a change of school. If the grandparents are designated as the guardians of this student will the student be eligible to participate in athletics?

A. Such a student may be ruled eligible by the Executive Director if he is convinced that the guidelines as set forth in Article II, Section 24 of the TSSAA Bylaws have been met.

3.

Q. If an athlete with or without an athletic record lives with a guardian, instead of his/her parents, is the student eligible for athletic participation?

A. He/She may be approved by the Executive Director if the student has lived with the guardian for twelve months or longer. If the athlete has lived with his/her guardian, for a period of less than twelve months, he/she is ineligible unless approved by the Executive Director under the provisions of the hardship rule.

4.

Q. A student with or without an athletic record moves to live with a guardian other than a parent. Is the student eligible?

A. No. A student must live with the new guardian, if other than their parent, for 12 months or longer.

5.

Q. A student whose parents are divorced or separated (provided divorce papers have been signed and processed through the courts) participates in athletics at school A while residing with one parent. The student then transfers to school B where they are residing with the other parent. Is the student eligible to participate in athletics?

A. Yes, provided it is the first change from parent to parent since establishing an athletic record, there is a court-ordered custody change, and a letter from the principal of the student's former school indicating that the move was not for athletic reasons.

6.

Q. A student whose parents are divorced or separated (provided divorce papers have been signed and processed through the courts) participates in athletics at school A while residing with one parent. The student then transfers to school B where they are residing with a guardian other than a parent. Is the student eligible to participate in athletics?

A. No. The student will be ineligible until he/she has lived with his/her new guardian for twelve months.

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7.

Q. A student who has a record of participation the previous year in baseball only transfers to a nearby school without any change of residence on the part of the student's parents. Is that student eligible to participate in football or basketball?

A. Yes, provided they meet all other eligibility rules. However, the student is ineligible in baseball for a period of 12 months from the last participation date in baseball. (See Article II, Section 13 of the TSSAA Bylaws regarding eligibility in tennis, volleyball, wrestling, soccer, girls' soccer, bowling, cross country and golf.)

8.

Q. A student transfers to a school because the student's parents have moved to the community in which the school is located. The student's scholastic and athletic records are satisfactory. May such a student be allowed to participate pending the approval of his/her transfer by the Executive Director?

A. No. All transfer students must be approved by the Executive Director before being allowed to participate.

9.

Q. If the parents of an athlete move from the territory in which the athlete has been attending school, may this student remain in the school to which he/she has been going and live with someone other than his/her parents without forfeiting his/her eligibility?

A. Yes, provided he/she has been enrolled in that school for a year or longer, provided no "undue influence" has been used to cause the student to continue in the same school, and provided the parents pay the expenses incurred as a result of the student not living at home.

10.

Q. If an athlete's parents change residence after the beginning of the school year, must the athlete transfer immediately to the school serving the district into which his/her parents have moved?

A. No. The athlete may transfer to the new school without loss of eligibility at the time his/her parents move, at the end of the next grading period, at the end of the semester or at the beginning of the next school year. (If the athlete remains in his/her former school and participates in an athletic contest after his/her parents have moved, he/she cannot become eligible to participate in that sport in the second school until he/she has completed the report card period or the semester.)

11.

Q. How are the words "change of residence" to be interpreted?

A. As moving from one community to another so as to justify a change of schools. Moving across the street or a few blocks away from the former residence, or similar moves, cannot be accepted as justifying a transfer to another school. TSSAA does not recognize "dual" residences (maintaining two homes, apartments, etc.)

12.

Q. What are guidelines that are used in determining whether a bona fide change of residence has taken place?

A. Some guidelines are, but not limited to:

1. Changing of mailing address 2. Disconnecting phone in previous residence 3. Disconnecting of utilities in previous residence 4. All furniture moved from previous residence 5. The original residence should be closed, rented, or disposed of and not used by family.

13.

Q. Is it possible for an athlete who does not live at home with his/her parents or guardians to become eligible?

A. Yes. After such a student has attended school for a full school year, and has lived in the community in which the school is located for a period of at least twelve months, the student's case may be submitted to the Executive Director for a ruling.

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14.

Q. A student transfers from School A to School B without a bona fide change in residence by the parents. The change is a result of school zone changes made by the local board of education. Is the student eligible?

A. Yes. Provided he/she meets all other eligibility requirements.

15.

Q. A student with an athletic record the previous year lives in Town A. His/Her father gets work in Town B and decides it will be more convenient for his son or daughter to enter school in Town B since he/she can ride with him as he goes to and from work. Will such a student be eligible to participate on the school team of Town B?

A. No. There has been no change of residence.

16.

Q. An eighth grade student participates as a member of a high school or junior high school team. The next year the student transfers to another school without any change of residence on the part of his parents. Is the student eligible for athletic participation?

A. No. The student is a transfer with an athletic record the previous year. His/Her parents have not changed residence. (This regulation is sometimes misinterpreted due to the statement that eighth grade participation does not count against a student. Such participation does not count as one of the four years he/she is allowed to participate while in high school, but the student is charged with an athletic record the previous year and cannot therefore transfer to another school unless there has been a corresponding change of residence on the part of his/her parents.)

17.

Q. A student participates in basketball at school A. He changes to school B without a corresponding change of residence by the parents and wants to play basketball. Is he eligible?

A. No. A student will be eligible twelve months from his/her last participation date. Example: A student last played basketball on January 16, 2016 at school A. That student would be eligible at school B on January 17, 2017.

18.

Q. A student with an athletic record transfers from school A to school B without a corresponding change of residence of his/her parents. After attending school B, the student returns to school A. Is the student eligible to participate at school A?

A. Yes, provided the student did not participate in contests or practice in any sport at any level at school B. This must be verified in writing by the administration of school B.

19.

Q. A student who transfers from school A to school B due to a bona fide change of residence by his/her parents is ruled eligible at school B and participates in athletics at school B. One month later the family of the student returns to the original residence where the student was attending school A. Is the student eligible to participate in athletics?

A. No. The student is ineligible to participate in athletics for twelve months from his/her last participation date, since the parents have returned to the original residence serving school A before the student has been enrolled in school B for one year.

20.

Q. What is meant by the term "system-wide" public school in the definition of "territory" as defined in the Definitions?

A. A system-wide public school is a school without geographic zones or bus routes that draws students throughout the school system. Examples of system-wide public schools are, but not limited to: Chattanooga School for the Arts & Sciences, Martin Luther King, the magnet portion of Liberty Technology High School, etc.

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21.

Q. An international student attends a TSSAA school and lives with someone other than his/her parents. Is the student eligible?

A. Yes, provided the student possess a J-1 visa and is in a Foreign Exchange program which has been approved by the Council on Standards for International Educational Travel (CSIET). Students possessing an F-1 visa are ineligible at the varsity level until they have lived with a guardian for 12 months.

22.

Q. An international student comes to live with a new guardian and enrolls in a school where the guardians reside. The student is not in a Foreign Exchange program approved by the CSIET. Is the student eligible?

A. No. A student must be in a Foreign Exchange program approved by CSIET. The student is ineligible at the varsity level but may be eligible at the junior varsity level provided he/she meets the requirements of Article II, Section 15 of the TSSAA Bylaws.

23.

Q. An international student attends a TSSAA school and is in a foreign exchange program that is not approved by CSIET. Is the student eligible?

A. No. A student must be in a Foreign Exchange program approved by CSIET.

24.

Q. An international student is in a Foreign Exchange program approved by the CSIET. The student participates in athletics with a TSSAA school while living with one host parent then transfers to another school as a result of a change of host parents. Is the student eligible at the new school?

A. No. As a result of the change of guardians the student must now comply with Article II, Section 11 and Article II, Section 12 of the TSSAA Bylaws in the same manner as all other students.

25.

Q. A student attending School A with an athletic record in basketball at School A is receiving individual instruction from a basketball coach at School B in the spring of the current school year. The student transfers to School B with a bona fide change of residence in August. Is the student eligible at School B?

A. The student is ineligible at School B in the sport of basketball. A coaching link exists in the previous 12 months, therefore the student is ineligible for twelve months in the sport where a link is present at all levels of competition.

26.

Q. A student attending School A with an athletic record in basketball at School A attends a summer team camp at School B. The student transfers to School B with a bona fide change of residence in August. Is the student eligible at School B?

A. The student is eligible at School B, provided they meet all other eligibility requirements. Attendance at a team camp where a coach from another school is present does not constitute a coaching link. Attendance at an individual camp where a coach from another school is present would constitute a coaching link and would render the student ineligible at all levels of competition.

27.

Q. A student attending School A with an athletic record plays on a softball team during the summer where an assistant coach at School B is serving as the summer softball team's head coach. The student transfers to School B with a bona fide change of residence prior to or during the following school year. Is the student eligible at School B?

A. The student is ineligible at School B in the sport of softball. A coaching link was established with the student played for the coach's summer softball team. If a coaching link exists in the previous 12 months, the student is ineligible in the sport where a link is present at all levels of competition.

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28.

Q. A student attending School A has an athletic record in football, wrestling and soccer at School A. He is receiving strength and conditioning training during the summer from a personal trainer who happens to be the strength and conditioning coach at School B. The student transfers to School B with a bona fide change of residence the following school year. Is the student eligible at School B?

A. The student is ineligible at School B in all sports. A coaching link has been established in all sports since the strength and conditioning coach at School B works with all sports programs at School B.

29.

Q. A student attending School A was injured on September 10 in a varsity football game and was not able to participate in sports the rest of the school year. The student transfers to School B with no change of residence at the beginning of the following school year. The student wants to play football, basketball, and baseball at school B. When is the student eligible at the varsity level in each sport, assuming that the student meets all other eligibility requirements?

A. The student will become eligible in football on September 11. The student will be eligible immediately in basketball and baseball. The student's participation in football does not impact their eligibility in baseball or basketball. Athletic records from each sport are treated independently of each other.

30.

Q. A student plays volleyball and establishes an athletic record at School A. At the end of the first semester, the family has a bona fide change of residence into another school zone where they reside for two months. She enrolls and attends School B. They then return to a residence in School A's zone and the student enrolls in School C. Is she eligible?

A. No. Since the student participated at School A within the past twelve months, she will be ineligible in volleyball twelve months past her last date of participation. Athletic eligibility is always based on what the student has done the past twelve months. In this case, the student participated for a member school in the same zone within the last twelve months. Therefore, the last move does not justify a change in schools.

Tuition and Financial Aid

1.

Q. Is it permissible for a school to employ a student for summer work who has not attended the school the previous year?

A. No. In order for a student, who will be participating in athletics, to be employed by a school during the summer the student must have attended the school the previous school year.

2.

Q. Can a Division I school employ student-athletes to "work off" tuition?

A. No.

3.

Q. Can a Division II school employ student-athletes to "work off" tuition?

A. No. Article II, Section 16 of the TSSAA Bylaws sets forth the only means for reduction of tuition. A school may employ student-athletes as long as the remuneration or consideration for work is not in excess of the amount regularly paid for such service.

4.

Q. Must all financial aid to student-athletes be need-based?

A. Yes.

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5.

Q. Who is allowed to pay a student-athlete's tuition?

A. If tuition is charged, it must be paid by a parent, bona fide guardian, or other family member.

6.

Q. Is it permissible for a school participating in Division I to provide need-based financial assistance to a sibling of a student-athlete?

A. No. Providing financial assistance to tuition-paying student-athletes and/or any member of the student-athlete's immediate family is part of the Financial Assistance Program. Schools that choose to do so must compete in Division II.

7.

Q. Is it permissible for a student-athlete to receive need-based financial assistance and participate at the junior varsity level in Division I?

A. No. Schools that provide need-based financial assistance to student-athletes participating at any level must compete in Division II.

8.

Q. Is it permissible for a Division I school to provide part-time employment to a parent, guardian, or sibling of a student-athlete?

A. No. Schools that provide part-time employment to a parent, guardian, or sibling of a student-athlete must compete in Division II.

Award Rule

1.

Q. If a student accepts cash, merchandise or other compensation in a sport sponsored by TSSAA will he/she lose his/her eligibility in that sport?

A. Yes, competing for anything of commercial value during the school year or during the summer vacation is a violation of the award rule. (An exception to this would be in bowling, golf, and tennis as regulated by USBC, USGA, and USTA Award Rules.)

Independent-Game Participation

1.

Q. Team A is eliminated in the district basketball tournament. May players on Team A participate in an independent game or tournament without endangering their eligibility?

A. The basketball season ends for any member school when the school is eliminated from tournament play. Students may participate as members of independent teams in any sport after the season for that sport has closed without affecting their eligibility, provided the amateur rule is not violated.

2.

Q. A golfer, tennis player, or bowler wishes to participate in a club tournament during the golf, tennis, or bowling season. Is this a violation of the independent rule?

A. No, provided the golfer, tennis player, or bowler participates as an individual and not as a member or representative of his/her school. The independent rule does not apply to golf, tennis, and bowling.

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3.

Q. May a player participate in a scrimmage, practice game or game with an independent team after being registered with TSSAA past the first official day of competition in that sport?

A. No. The student shall be ineligible immediately in the sport in which the violation occurs.

4.

Q. Is it a violation for a registered athlete in baseball or softball to practice with an independent team?

A. No, provided he/she participates in practice situations only (batting practice, infield practice, etc.), provided no game situations are involved.

5.

Q. Is it a violation for a registered athlete in track or cross country to participate in a road race?

A. No, provided the race is longer than 3200 meters during track season or longer than 5K (3.1 miles) during cross country season.

6.

Q. A basketball player participates in an independent game and the school notifies the state office of the violation. What is the penalty?

A. The student will be ineligible for the next six contests (25% of the number of games allowed under the sports calendar) or the remainder of the season, whichever is the least.

7.

Q. A student is registered on the girls' softball team with school A after the first official day of competition for girls' softball. The student then participates in an independent girls' softball game. She then returns to school A's softball team where she plays three games. The coach of school A determines that the student has played in an independent game and reports the violation to the state office. What is the penalty?

A. School A has played an ineligible player for three games. The three games will be forfeited and disciplinary action will be taken. The student is ineligible for nine games. (If a student participates in three contests as an ineligible player, the three contests will be forfeited, disciplinary action will be taken against the school, and the student will be ineligible to participate in the next nine contests or for the remainder of the season, whichever is the least.)

All-Star Games

1.

Q. A civic club plans to hold an all-star basketball game. Only seniors who do not participate in spring sports will participate. Would it be a violation for a coach of a member school to coach one of the teams; for the coach and principal to permit the players to use school equipment; for a registered TSSAA official to officiate the game?

A. Yes, if a game is played during the school year officials and game officials shall have no connection whatsoever with such a contest.

2.

Q. What is the difference between an independent team and an all-star team?

A. An independent team is a team that is organized to play a schedule. An all-star team is a team composed of players from different schools who are usually assembled as a team for playing one particular game.

Home School Rule

1.

Q. Who is eligible to tryout, as a home school athlete, for a TSSAA member school team?

A. Only those who meet all ten criteria outlined within TSSAA's Home School Bylaw are eligible.

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2.

Q. For a home school athlete to be eligible to try-out for a TSSAA member public school team must my child notify the LEA?

A. Yes.

3.

Q. Are there any requirements that the parent conducting the home school must meet for purposes of the TSSAA Bylaws?

A. Yes. First, the home school athlete must meet all ten criteria outlined within TSSAA's Home School Bylaw. Additionally, the parent-teacher must satisfy all state law requirements in order for the home school student to be eligible to try out for a TSSAA member school team.

4.

Q. What are the academic requirements for a home school athlete?

A. The academic courses must be approved by the local board of education (or private school) in compliance with state law. TSSAA does not regulate where or how any student athlete receives credit toward graduation. TSSAA is concerned with the following: (1) Are the participants enrolled in a minimum of five academic courses which have been approved by the school and/or school system? And (2) If taken at a member school would the course count towards graduation? If the answer to both questions is "yes", the home school athlete would meet the requirements set forth in the "Academic Rule" and "Home School" Bylaw.

5.

Q. What if a student takes four of the five academic courses at an independent home school, but registers and attends a non-public school for the fifth credit (i.e. science lab,) would this potential home school athlete be eligible under the Home School Bylaw?

A. Yes, provided the student meets the definition of a home school student according to state law.

6.

Q. If a potential home school student wants to tryout for a TSSAA member school baseball team, what is the last date that the home school student can notify with the local school superintendent (or head of school if a private school)?

A. A home school student must notify the school superintendent or head of school by August 1 of the current school year, regardless of whether the student desires to participate in a fall, winter, or spring sport.

7.

Q. What is the last date that a home school student can make application for participation in athletics to the principal of the member school in which the athlete wishes to tryout and possibly participate?

A. August 15th of the school year in which they desire to participate.

8.

Q. Can a home school student tryout for a team prior to meeting all requirements of the rule in the TSSAA Bylaws?

A. No. All requirements of the rule must be met prior to the home school student trying out for a team, with the exception of the participation fee. If a participation fee is imposed by the LEA, the home school student would only be required to pay that fee only if they become a member of the team.

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9.

Q. What type of insurance, if any, does a home school athlete participating on a TSSAA member school team need to maintain?

A. The home school student must provide proof of basic medical insurance coverage and liability insurance coverage which names the TSSAA as an insured party in the event the school's insurance provider does not extend coverage to students enrolled in home school programs. TSSAA Catastrophic Insurance will extend to the home school athlete as it does with all other student-athletes participating at a member school.

10.

Q. If the LEA imposes a participation fee, could the home school athlete be responsible for any additional monetary payments after he/she makes a particular team?

A. Yes, but this will be left to the LEA, and not TSSAA. Many LEAs charge an additional fee to all the athletes participating in a particular sport, such as golf. Some LEAs charge an equipment fee or uniforms fee, while other LEAs require athletes to raise a certain amount of money with fundraising. If the non-home school student athlete is being held responsible for monetary contributions, the home school athlete can be held responsible for those same monetary contributions, which will vary within LEAs.

11.

Q. If a home school athlete makes the roster of a TSSAA member school team in football, basketball, and baseball, what is the participation fee?

A. The answer will vary by LEA. The maximum amount that the home school athlete could pay shall not exceed the fees or costs charged to or borne by students enrolled at the school.

12.

Q. If a home school athlete wants to participate on a TSSAA member private school team, what must the home school athlete do?

A. (1) The student must notify the local Board of Education regardless of where they wish to tryout. (2) The home school athlete must notify the head of school on or before August 1 of the current school year. (3) Additionally, the home school athlete must pay full tuition and abide by all financial aid rules.

13.

Q. If a student has dropped out, withdrawn, or been expelled from a TSSAA member school, will that student be eligible to participate at another TSSAA member school as a home school athlete?

A. No. If the student was expelled then he/she would be carrying a discipline record which makes them ineligible for one year or until the disciplinary charges have been removed. If the student dropped out or withdraws from school he/she would be subject to the TSSAA's transfer rules.

14.

Q. If a home school athlete tries out for a TSSAA member school team, is the home school athlete automatically on the roster?

A. No, like all sports rosters, the ultimate decisions are left to the member schools regarding the athletes that make the team as well as the amount of playing time that each athlete receives.

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Schools Which Member Schools May Play or Scrimmage

1.

Q. What schools may a member school of TSSAA play or scrimmage during regular season?

A. TSSAA member schools may play or scrimmage the following:

1. Any secondary school team with grades 9 and above.
2. An individual home schooled student who might be invited to participate in a track meet, wrestling competition, golf competition, etc. This would primarily apply to individual sports.
3. A home school team in a team sport, such as basketball, baseball, softball, etc., where home schooled students go together to form a cooperative team.

2.

Q. Who can a member school of TSSAA not play during regular season?

A. Any non-school team. Examples would be a club team, recreational park league team, or any type of independent team.

Contests and Tournaments with Out-Of-State Teams

1.

Q. Must all single games with out-of-state teams be sanctioned by TSSAA, the other state association, and the National Federation?

A. No. Only those games which involve travel in excess of 600 miles round trip must be approved by TSSAA.

2.

Q. May a TSSAA school participate in tournaments or meets involving out-of-state teams that have not been sanctioned?

A. No. All tournaments or meets involving out-of-state teams must be sanctioned by TSSAA, the other state associations concerned, and the National Federation.

Varsity Teams

Q. Can a school's junior varsity team participate against another school's varsity team?

A. No. A game is either a varsity game for both teams, a junior varsity game for both teams, or a scrimmage for both teams. An exception may be made by the Executive Director when a school is beginning an athletic program.

TSSAA SPORTS CALENDAR

1.

Q. A coach has a weight lifting program at school during off-season and in the time permitted by the sports calendar. The program is open to both players and non-players. Is this a violation?

A. No, provided activities are limited to weight lifting, and provided no player is required to attend.

2.

Q. Can a coach have a conditioning program in the off season, provided it is not during the Dead Period?

A. Yes, provided it is a program that would benefit all students and is open to all players and non-players.

3.

Q. May a school with grades 7-12, 8-12 or 9-12 have 10 days of varsity spring football practice and 10 days of freshman spring football practice?

A. No. A school may have only ten days of off-season practice in football.

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4.

Q. Is it permissible for a school to have try-outs before the first practice date?

A. Try-outs are considered practice. During the school-year, no school may hold try-outs prior to the first practice date as set forth by the TSSAA Sports Calendar. Try-outs in football and basketball may be held during spring practice but only students enrolled and in regular attendance at that school may participate. Try-outs may be held in the summer during the time outlined for practice in that sport.

5.

Q. In football, five schools come together on a Saturday for a five-way scrimmage on two practice fields. Team A is working a half line scrimmage against Team B, Team C is working 7-on-7 with secondary against quarterbacks and receivers, etc. Later in the day, Team B is scrimmaging Team A, B vs. C, etc. How would this be counted?

A. This is one scrimmage date. All schools would have either two scrimmages or one scrimmage date remaining in preseason.

6.

Q. Three schools go together for a three-way scrimmage with A vs. B, B vs. C, and C vs. A set up during the day. How would this be counted?

A. This is either two scrimmages for each team or one scrimmage date for each team. It really does not make any difference. All three schools would have either two scrimmages or one scrimmage date remaining in preseason.

7.

Q. School A and School B get together and set up a scrimmage with their two schools. During the scrimmage the freshman teams are working against each other at 2:00; the junior varsity teams are working against each other at 3:30; and the varsity teams come back that night and work against each other at 7:00. How would this be counted in preseason scrimmages.

A. This is one preseason scrimmage for both schools, provided all of the scrimmaging is at one site.

8.

Q. A school invites nine schools to participate in an all-day scrimmage on a Saturday. What can occur and how is this counted toward the scrimmage rule?

A. If any of the schools invited scrimmage more than one school, then it would count as a scrimmage date for that school and for all the schools that participate against more than one school in the all-day affair. The schools would then have either two scrimmages remaining or one scrimmage date.

There cannot be any tournament format set up or play that would reflect a regular season game. Preseason scrimmages are an extension of preseason practice and should be learning experiences for athletes and coaches as they prepare for regular season games.

9.

Q. How many students may receive individual instructions during the pre-season and/or off-season?

A. Coaches may give individual instructions to a maximum of three (3) students per day during the pre-season and off-season. IT DOES NOT MATTER HOW MANY COACHES YOU HAVE IN A PARTICULAR SPORT. THE TOTAL NUMBER OF STUDENTS THAT ARE ALLOWED TO RECEIVE INSTRUCTIONS IN THAT SPORT PER DAY IS THREE (3).

10.

Q. Does the 50% rule apply to summer teams in any sport?

A. No. The 50% rule applies only to basketball, baseball, and softball and only from the beginning of the school year until the season begins in the sport involved.

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11.

Q. School A has one gym and is scheduled to have volleyball practice until 6:00 PM. Can School A have Open Facilities for basketball beginning at 6:30 PM?

A. Yes. Open Facilities is permitted year round (Monday through Friday) except during the Dead Period. It does not have to occur immediately after the school day ends.

Awards

1.

Q. Does TSSAA name All-District, All-Region, or All-State Teams?

A. No. These teams are normally selected by the coaches, the Tennessee Sports Writers Association, or the Associated Press.

Officials and Contracts with Officials

1.

Q. May a school use one or more non-registered officials in a contest provided the other officials are registered?

A. All football officials, including the clock operator, must be registered with TSSAA. All basketball officials, except the timer and scorer, must also be registered with TSSAA. All baseball and girls softball umpires must be registered with TSSAA; also wrestling, girls soccer, soccer and girls volleyball officials.

2.

Q. What is the penalty for using a non-registered football, basketball, wrestling, girls volleyball, girls soccer, soccer, girls softball or baseball official?

A. Schools using non-registered officials shall be fined \$15 for the first offense. Continued use of non-registered officials will subject school to suspension or other penalty as determined by the Board of Control.

3.

Q. If a registered official has been employed but for some reason fails to appear, may a school use a non-registered official without being subject to any penalty?

A. Yes, provided the state office is notified in writing within 48 hours after the game is played. This report should give the name and address of the registered official who was employed to work the game and the reason for his/her failure to do so if known; also the name and address of the official who was used in place of the registered official.

4.

Q. What is the policy of TSSAA toward the decisions of officials?

A. The decisions of officials are accepted as final and binding.

5.

Q. May a school drop an official from the game after the official has been engaged?

A. Yes, if a school decides that it is wise to break its agreement with an official, it may be done by paying the official the regular fee for the game.

COACHING REQUIREMENTS CHECKLIST

Classified Employees and Non-Faculty Coaches serving as Head Coaches

- _____ Must be approved by the principal, director of schools, and/or school board each year.
- _____ Must be submitted by the principal to TSSAA each year.
- _____ Must successfully complete the NFHS “Fundamentals of Coaching” and “First Aid, Health, & Safety for Coaches” courses prior to his/her employment. *

Classified Employees and Non-Faculty Coaches serving as Assistant Coaches

- _____ Must be approved by the principal, director of schools, and/or school board each year.
- _____ Must be submitted by the principal to TSSAA each year.
- _____ Must successfully complete the NFHS “Fundamentals of Coaching” and “First Aid, Health, & Safety for Coaches” courses prior to his/her employment. *

Retired Educators (five or more years of teaching experience) & **Full-Time Certified Teachers** (those who are currently teaching a minimum of 100 school days) are not considered non-faculty. These individuals have no other requirements. These individuals must be submitted by the principal to TSSAA each year.

Middle School Non-Faculty Coaches

- _____ Must be approved by the principal, director of schools, and/or school board each year.
- _____ Must be submitted by the principal to TMSAA each year.
- _____ Must successfully complete the NFHS “Fundamentals of Coaching” and “First Aid, Health, & Safety for Coaches” courses prior to his/her employment. *

**Coaches who have successfully completed the ASEP Coaches Education Course AND the TSSAA Online Coaches Training Session prior to May 15, 2013, will not be required to take the NFHS courses.*

2017-18 GENERAL OFFICIAL'S INFORMATION

The following fees for regular season varsity contests have been set by the Board of Control. With the exception of basketball, these fees do not apply to invitational tournaments. J.V. or B-Team, freshman, and middle school fees are not set by TSSAA and are negotiable with the local officials' association.

Sport	2017-18		2018-19	
Senior High Football	\$100.00 E.C.O. – \$70.00		\$105.00 E.C.O. – \$75.00	
Senior High Basketball	Two Officials	Three Officials	Two Officials	Three Officials
	Single Game \$75.00 Doubleheader \$105.00	Single Game \$65.00 Doubleheader \$95.00	Single Game \$80.00 Doubleheader \$110.00	Single Game \$70.00 Doubleheader \$100.00
<i>Doubleheader fees apply to all regular season contests, including Invitational Tournaments and Classics, where there is no more than 15 minutes between contests.</i>				
Senior High Girls' Volleyball	Two Officials		Two Officials	
	One Match \$55.00		One Match \$60.00	
	Two Matches \$85.00 Three Matches \$115.00		Two Matches \$90.00 Three Matches \$120.00	
<i>Two officials must be used for all matches, including Invitational Tournaments and Post-Season Tournaments.</i>				
Senior High Girls Soccer and Soccer	Two Officials	Three Officials	Two Officials	Three Officials
	One Game \$70.00 Each	One Game – \$70.00, \$60.00, \$60.00	One Game \$75.00 Each	One Game – \$75.00, \$65.00, \$65.00
Senior High Baseball	Two Officials	Three Officials	Two Officials	Three Officials
	Single Game \$75.00	Single Game \$70.00	Single Game \$80.00	Single Game \$75.00
	Doubleheader (JV/JV) \$105.00	Doubleheader (JV/JV) \$95.00	Doubleheader (JV/JV) \$110.00	Doubleheader (JV/JV) \$100.00
	Doubleheader (JV/V) \$105.00	Doubleheader (JV/V) \$95.00	Doubleheader (JV/V) \$110.00	Doubleheader (JV/V) \$100.00
	Doubleheader (V/V) \$115.00	Doubleheader (V/V) \$105.00	Doubleheader (V/V) \$120.00	Doubleheader (V/V) \$110.00
<i>Doubleheader fees apply to regular season contests only when there is no more than 30 minutes between games. If one game of the doubleheader is a JV game, it is limited to 5 innings or a 1:15 time limit, whichever comes first. NO EXCEPTIONS.</i>				
Senior High Girls' Softball	Two Officials	Three Officials	Two Officials	Three Officials
	Single Game \$65.00	Single Game \$60.00	Single Game \$70.00	Single Game \$65.00
	Doubleheader (JV/JV) \$85.00 Doubleheader (V/V) \$105.00	Doubleheader (JV/JV) \$75.00 Doubleheader (V/V) \$95.00	Doubleheader (JV/JV) \$100.00 Doubleheader (JV/V) \$100.00 Doubleheader (V/V) \$110.00	Doubleheader (JV/JV) \$90.00 Doubleheader (JV/V) \$90.00 Doubleheader (V/V) \$100.00
<i>Doubleheader fees apply to regular season contests only when there is no more than 30 minutes between games.</i>				
Senior High Wrestling	Dual Meet – \$70.00 Two Dual Meets @ Same Site – \$105.00 Three Dual Meets @ Same Site – \$150.00		Dual Meet – \$70.00 Two Dual Meets @ Same Site – \$105.00 Three Dual Meets @ Same Site – \$150.00	

Guidelines for Spectators (Parents)

- 👉 Accept and understand the seriousness of your responsibility, and the privilege of being a parent of a student-athlete who is representing the school and community.
- 👉 Remember that school athletics are learning experiences for students and that mistakes are sometimes made.
- 👉 Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people.
- 👉 A ticket is a privilege to observe the contest, not a license to verbally assault others and be generally obnoxious.
- 👉 Learn the rules of the game, so that you may understand and appreciate why certain situations take place.
- 👉 Show respect for the opposing players, coaches, spectators, and support groups. Treat them as you would a guest in your own home.
- 👉 Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the student-athlete, and admire their willingness to participate in full view of the public.
- 👉 Recognize and show appreciation for outstanding plays by either team.
- 👉 Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, and during games, and afterwards on or near the site of the event.
- 👉 Use only those cheers that support and uplift the teams involved.
- 👉 Communicate openly with your son/daughter about being a good sport.
- 👉 Be a role model. You must set an example for the students/athletes.

Examples of Unacceptable Behavior

- 👎 Yelling or waving arms during opponent's free throw attempt, serve, etc.
- 👎 Disrespectful or derogatory yells, chants, songs, or gestures.
- 👎 Booing or heckling an official's decision.
- 👎 Criticizing officials in any way; displays of temper with an official's call.
- 👎 Yells that antagonize opponents.
- 👎 Refusing to give recognition for good performances.
- 👎 Blaming loss of game on officials, coaches, or participants.
- 👎 Name-calling in any form (officials, coaches, participants).
- 👎 Use of profanity or displays of anger that draw attention away from the game.
- 👎 Doing your own yells instead of following the lead of the cheerleaders.

Public Address Announcements For use at Home Events

P.A. ANNOUNCEMENT TO BE MADE DURING GAME ADMINISTRATORS MEETING:

WE CALL TO YOUR ATTENTION THE GAME ADMINISTRATORS MEETING THAT IS BEING HELD ON THE FIELD. THIS MEETING INCLUDES, THE GAME ADMINISTRATOR OF THE HOST SCHOOL, THE TWO HEAD COACHES, THE REFEREE AND A REPRESENTATIVE OF THE SECURITY TEAM. EACH IS REVIEWING THEIR RESPONSIBILITIES IN THIS GAME. WE ASK THAT EACH SPECTATOR CONDUCT THEMSELVES IN A POSITIVE SPORTSMANLIKE MANNER. WE ENCOURAGE YOU TO CHEER FOR YOUR TEAM AND THANK YOU FOR YOUR COOPERATION. ENJOY THIS EVENING AND THE GAME.



SPORTSMANSHIP PRE-GAME ANNOUNCEMENTS:

THIS GAME IS BEING PLAYED ACCORDING TO THE RULES OF THE TENNESSEE SECONDARY SCHOOL ATHLETIC ASSOCIATION. THESE RULES PROVIDE FOR FAIR COMPETITION AMONG PLAYERS. SPECTATORS CAN HELP PROMOTE GOOD SPORTSMANSHIP, ALSO, BY OBSERVING THE RULES OF FAIR PLAY. EACH ONE IS REQUESTED TO TAKE PERSONAL RESPONSIBILITY FOR KEEPING THIS GAME AT A HIGH LEVEL OF SPORTSMANSHIP.



WE ARE PLEASED TO WELCOME YOU THIS EVENING TO (name of school). GOOD SPORTSMANSHIP IS ONE OF THE PRIMARY PURPOSES OF THE HIGH SCHOOL INTERSCHOLASTIC ATHLETIC PROGRAM. OUR ATHLETES RECOGNIZE THAT JUDGMENT CALLS ARE MADE IN GOOD FAITH AND THAT THEY MUST ABIDE BY THE DECISIONS OF THE OFFICIALS. SPECTATORS CAN SUPPORT THEIR HIGH SCHOOL INTERSCHOLASTIC PROGRAM BY REFRAINING FROM DEROGATORY OR INTEMPERATE REMARKS OR CHEERS. WE HOPE YOU WILL ENJOY THE GAME AND SUPPORT YOUR ATHLETES IN A POSITIVE AND SPORTSMANLIKE MANNER.



TMSAA BELIEVES THAT ATHLETES SHOULD BE COMPETITIVE, SPORTSMANLIKE AND EXCEL ACADEMICALLY. WE BELIEVE THAT STUDENTS IN THE STANDS SHOULD HAVE FUN, BUT NOT TAKE THE FOCUS AWAY FROM THE GAME. WE BELIEVE COACHES SHOULD ACT AS TEACHERS, HELPING STUDENT-ATHLETES DEVELOP WHILE STILL KEEPING HIGH SCHOOL SPORTS IN PERSPECTIVE. WE BELIEVE THAT PARENTS SHOULD ALWAYS BE POSITIVE ROLE MODELS AND BE SUPPORTIVE OF THEIR CHILD'S DECISIONS. WE BELIEVE OFFICIALS COMMIT THEIR OWN TIME TO HIGH SCHOOL SPORTS AND RESPECT SHOULD ALWAYS BE SHOWN AND GIVEN TO THEM.



P.A. ANNOUNCEMENT PROVIDED BY BLUECROSS BLUESHIELD OF TENNESSEE:

BLUECROSS BLUESHIELD OF TENNESSEE IS PROUD TO SUPPORT HIGH SCHOOL ATHLETICS AND THE TMSAA. WHETHER IT'S PLAYING SPORTS OR TAKING THE STAIRS INSTEAD OF THE ELEVATOR, YOU'RE NEVER TOO YOUNG OR OLD TO MOVE TOWARDS A HEALTHY FUTURE. SO GET ON YOUR FEET, CHEER ON YOUR TEAM AND JOIN BLUECROSS IN MAKING A HEALTHIER TENNESSEE.



P.A. ANNOUNCEMENT PROVIDED BY THE TENNESSEE GOVERNOR'S HIGHWAY SAFETY OFFICE:

FANS AS YOU LEAVE TODAY, PLEASE REMEMBER TO STAY SAFE ON THE ROAD: CLICK IT OR TICKET AND DON'T LET FRIENDS DRIVE IMPAIRED.



P.A. ANNOUNCEMENT PROVIDED BY THE TENNESSEE DAIRY FARMERS:

THE TENNESSEE DAIRY FARM FAMILIES ARE PROUD TO SUPPORT HIGH SCHOOL ATHLETICS. MILK IS A GREAT SOURCE OF PROTEIN AND CHOCOLATE MILK IS A GREAT WAY TO FUEL UP AFTER EXERCISE. SO LIFT A CLASS AND TOAST YOUR LOCAL DAIRY FARMER AS YOU BUILD STRONG AND HEALTHY BONES AND MUSCLES.

PROTOCOL FOR SCHOOLS WHEN PLAYERS EXHIBIT SIGNS, SYMPTOMS, OR BEHAVIORS CONSISTENT WITH A CONCUSSION DURING PRACTICE OR COMPETITION

1. Continue to monitor players for possible signs of injury as usual.
2. Remove any player that shows signs, symptoms, or behaviors consistent with a concussion from the activity or competition.
3. The school shall have the player examined by the school's designated health care provider. If the designated health care provider determines that the student has not sustained a concussion, the player may return to the activity or competition.
4. The head coach shall be responsible for obtaining clearance from the school's designated health care provider.
5. If the school does not have access to a designated health care provider, or if the school's designated health care provider suspects that the athlete may have sustained a concussion, the only means for an athlete to return to practice or play is for the student to be evaluated and cleared by a licensed medical doctor (M.D.), Osteopathic Physician (D.O.) or a Clinical Neuropsychologist with Concussion Training. The person clearing the student must complete and sign the "TSSAA Concussion Return to Play" form. Schools must keep this form on file.

Designated Health Care Providers – Certified Athletic Trainer, Certified Nurse Practitioner, Physicians Assistant, Doctor of Medicine, Osteopathic Physician

TSSAA HEAT POLICY

Under 95 Degrees Heat Index	Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire. Optional water breaks every 30 minutes for 10 minutes in duration. Ice-down towels for cooling. Watch/monitor athletes carefully for necessary action.
95 – 99 Degrees Heat Index	Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire. Mandatory water breaks every 30 minutes for 10 minutes in duration. Ice-down towels for cooling. Watch/monitor athletes carefully for necessary action. Contact sports and activities with additional equipment. Helmets and other possible equipment removed if not involved in contact. Reduce time of outside activity. Consider postponing practice to later in the day. Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.
100 – 104 Degrees Heat Index	All sports - Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire. Mandatory water breaks every 30 minutes for 10 minutes in duration. Ice-down towels for cooling. Watch/monitor athletes carefully for necessary action. Alter uniform by removing items if possible. Allow for changes to dry t-shirts and shorts. Reduce time of outside activity as well as indoor activity if air conditioning is unavailable. Postpone practice to later in day. Contact sports and activities with additional equipment. Helmets and other possible equipment removed if not involved in contact or necessary for safety. If necessary for safety, suspend activity. Re-check temperature and humidity every 30 minutes to monitor for increased Heat Index.
Above 104 Degrees Heat Index	Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable.



NFHS GUIDELINES ON HANDLING PRACTICES AND CONTESTS DURING LIGHTNING or THUNDER DISTURBANCES

National Federation of State High School Associations (NFHS) Sports Medicine Advisory Committee (SMAC)

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

Proactive Planning

1. Assign staff to monitor local weather conditions before and during practices and contests.
2. Develop an evacuation plan, including identification of appropriate nearby safe areas.
3. Develop criteria for suspension and resumption of play:
 - a. When thunder is heard or a cloud-to-ground lightning bolt is seen, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for thirty minutes and take shelter immediately.
 - b. Thirty-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play.
 - c. Any subsequent thunder or lightning after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.
4. Review annually with all administrators, coaches and game personnel.
5. Inform student athletes of the lightning policy at start of season.

For more detailed information, refer to the "Lightning Safety" section contained in the NFHS Sports Medicine Handbook.

Revised and Approved October 2014

DISCLAIMER – NFHS Position Statements and Guidelines

The NFHS regularly distributes position statements and guidelines to promote public awareness of certain health and safety-related issues. Such information is neither exhaustive nor necessarily applicable to all circumstances or individuals, and is no substitute for consultation with appropriate health-care professionals. Statutes, codes or environmental conditions may be relevant. NFHS position statements or guidelines should be considered in conjunction with other pertinent materials when taking action or planning care. The NFHS reserves the right to rescind or modify any such document at any time.

2017-18 TSSAA Regional Rules Meetings

ADMINISTRATOR'S MEETINGS

Sept. 18	9:00 AM	Cookeville High School
Sept. 19	9:00 AM	Daniel Boone High School
	10:30 AM	Middle School Meeting
Sept. 20	9:00 AM	Hardin Valley High School
	10:30 AM	Middle School Meeting
Sept. 21	9:00 AM	Silverdale Baptist Academy
	10:30 AM	Middle School Meeting
Sept. 25	9:00 AM	Hillwood High School
	10:30 AM	Middle School Meeting
Sept. 26	9:00 AM	White Station High School
	10:30 AM	Middle School Meeting
Sept. 27	9:00 AM	University School of Jackson
	10:30 AM	Middle School Meeting
Sept. 28	9:00 AM	Spring Hill High School
	10:30 AM	Middle School Meeting

REGIONAL MEETINGS

Nov. 6	1:00 PM	Hardin Valley Academy
Nov. 8	10:00 AM	University School of Jackson
Nov. 9	10:00 AM	Hillwood High School

BASEBALL RULES MEETINGS

Jan. 7	3:00 PM	Cookeville High School
Jan. 8	6:30 PM	Daniel Boone High School
Jan. 10	6:30 PM	Fulton High School
Jan. 11	6:30 PM	Silverdale Baptist Academy
Jan. 14	3:00 PM	Hillwood High School
Jan. 15	6:30 PM	Marshall Co. High School
Jan. 17	6:30 PM	Memphis University School
Jan. 18	6:30 PM	University School of Jackson

BASKETBALL RULES MEETINGS

Sept. 20	6:00 PM	Shelbyville Central High School
Sept. 21	6:00 PM	Silverdale Baptist Academy
Sept. 24	2:00 PM	MUS (Coaches)
Sept. 24	4:00 PM	MUS (Officials)
Sept. 25	6:00 PM	Dresden High School
Sept. 26	6:00 PM	University School of Jackson
Sept. 27	6:00 PM	DeKalb County High School,
Oct. 2	6:00 PM	Sullivan North High School
Oct. 3	6:00 PM	Morristown East High School
Oct. 4	6:00 PM	Hardin Valley Academy
Oct. 5	6:00 PM	Hillwood High School, Nashville

WRESTLING RULES MEETINGS

Oct. 16	6:00 PM	Science Hill High School
Oct. 17	6:00 PM	Bearden High School
Oct. 18	6:00 PM	Notre Dame High School
Oct. 19	6:00 PM	Memphis University School
Oct. 23	6:00 PM	John Overton High School
Oct. 24	6:00 PM	Siegel High School

FOOTBALL RULES MEETINGS

July 20	6:00 PM	Rossvie High School
July 23	3:00 PM	Watertown High School
July 24	6:00 PM	McMinn County High School
July 25	6:00 PM	Daniel Boone High School
July 26	6:00 PM	Hardin Valley Academy
July 27	6:00 PM	Notre Dame High School
July 30	3:00 PM	UT Martin Student Center RM111
July 31	6:00 PM	Memphis University School
Aug. 1	6:00 PM	University School of Jackson
Aug. 2	6:00 PM	Shelbyville Central High School
Aug. 3	6:00 PM	Hillwood High School

GIRLS' SOFTBALL RULES MEETINGS

Jan. 7	2:00 PM	Cookeville High School
Jan. 8	5:30 PM	Daniel Boone High School
Jan. 10	5:30 PM	Fulton High School
Jan. 11	5:30 PM	Silverdale Baptist Academy
Jan. 14	2:00 PM	Hillwood High School
Jan. 15	5:30 PM	Marshall Co. High School
Jan. 17	5:30 PM	Memphis University School
Jan. 18	5:30 PM	University School of Jackson

TRACK & FIELD RULES MEETINGS

Jan. 23	6:00 PM	Hardin Valley Academy
Jan. 24	6:00 PM	Daniel Boone High School
Jan. 25	6:00 PM	Girls Preparatory School
Jan. 29	6:00 PM	Riverdale High School
Jan. 30	6:00 PM	University School of Jackson
Jan. 31	6:00 PM	Memphis University School
Feb. 1	6:00 PM	Hillwood High School

THE FOLLOWING RULES MEETINGS WILL BE OFFERED ONLINE: GOLF, GIRLS' VOLLEYBALL, BOWLING, GIRLS' SOCCER/SOCCER

NOTE: In order to complete the online coaches meetings, coaches must log into their personal TSSAA Portal Account and be assigned as a coach for the sport in which they are taking the online rules meetings.