

2018-19 TSSAA SPORTS CALENDAR

SOCCER

- **Pre-Season Team Practice** is not allowed.
- First Practice Date is the Monday of NFHS Week 33.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 37. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 16 matches. Maximum of two tournaments with each tournament counting as two matches.
- **Off-Season** team practice is not allowed.
- In the **Summer** there are no restrictions in regard to practice.
- **Dead Period Rule** does apply.

IMPORTANT SOCCER DATES

Rules Meetings are offered online (www.tssaa.org) in July & August.

First Practice Date	Feb. 11, 2019
First Contest Date	Mar. 11, 2019
Deadline to File Eligibility & Schedules.....	Mar. 11, 2019
DI Districts (MBC By).....	May 10, 2019
DII AA First Round.....	May 11, 2019
DI Region Semifinals	May 14, 2019
DI Region Finals	May 16, 2019
DI Sectionals, DII A Quarterfinals (MBC By) & DII AA Quarterfinals	May 18, 2019
DI State Quarterfinals	May 21, 2019
DI & DII State Semifinals	May 22, 2019
DII State Championships	May 23, 2019
DI State Championships	May 24, 2019
Dead Period.....	June 23 – July 6, 2019

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

Beginning Sport – Any school starting soccer for the first time may have five days of **Off-Season** practice prior to the first season the sport begins.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. Individual instructions may be given to no more than three students per day.

Scrimmage Rule – After the TSSAA first official day of practice, a school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages. No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. Individual instructions may be given to no more than three students per day.

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.