

2018-19 TSSAA SPORTS CALENDAR

BASKETBALL (BOYS' AND GIRLS')

- **Pre-Season Team Practice** is not allowed.
- First Practice Date is the Monday of NFHS Week 18.
- **Scrimmage Rule** does apply.
- The Date of the First Contest allowed is the Monday of NFHS Week 21. Eligibility and schedules must be filed online.
- Maximum number of regular season contests is 24 games. Maximum number of tournaments is two with each tournament counting as two games.
- Maximum of five days of **Off-Season** team practice within a 10 consecutive school day period.
- In the **Summer** there are no restrictions in regard to practice.
- Coaches may participate in a maximum of 10 days of team-against-team competition which must occur after the conclusion of the school year until the **Dead Period**.
- **Dead Period Rule** does apply.

IMPORTANT BASKETBALL DATES

Rules Meetings are held in September & October, the dates of which can be found on the TSSAA Website (<http://tnhs.us/65cnx5>).

First Practice Date	Oct. 29, 2018
Hall of Champions Games	Nov. 12-17, 2018
First Contest Date.....	Nov. 19, 2018
Deadline to File Eligibility & Schedules	Nov. 19, 2018
DII AA Girls' First Round	Feb. 15, 2019
DII AA Boys' First Round.....	Feb. 16, 2019
DI Districts (MBC By).....	Feb. 20, 2019
DI Girls' Region Quarterfinals, DII A Girls' Quarterfinals (MBC By), & DII AA Girls' Quarterfinals	Feb. 22, 2019
DI Boys' Region Quarterfinals, DII A Boys' Quarterfinals (MBC By), & DII AA Boys' Quarterfinals	Feb. 23, 2019
DI Girls' Region Semifinals.....	Feb. 25, 2019
DI Boys' Region Semifinals	Feb. 26, 2019
DI Girls' Region Finals.....	Feb. 27, 2019
DI Boys' Region Finals	Feb. 28, 2019
DII Boys' and Girls' State Championships	Feb. 28 – Mar.2, 2019
DI Girls' Sectionals	Mar. 2, 2019
DI Boys' Sectionals.....	Mar. 4, 2019
DI Girls' State Championships	Mar. 6-9, 2019
DI Boys' State Championships.....	Mar. 13-16, 2019
Dead Period.....	June 23 – July 6, 2019

Coaches and employees of a school are subject to the guidelines of the TSSAA Sports Calendar when working with students from his/her school.

Practice - Coach and player(s) together with instruction, teaching, coaching, etc. Try-outs are considered practice.

Open Facilities – Permitted year round (Monday through Friday) except during the **Dead Period**. Schools may use their facilities for students in their building prior to or after the school day. Coaches may serve in a supervisory capacity only. There is no instruction, no teaching, no coaching, etc. Coaches may not participate or play in any manner. It is a free play type atmosphere. Sport specific skills cannot be taught. ATTENDANCE CANNOT BE MANDATORY.

Weight Training/Conditioning – Permitted at all times except during the **Dead Period**. Must be generic type program that would be beneficial to all students and not sport specific. Exception: In baseball and girls' softball, players may throw to condition arms. Sport specific skills cannot be taught. Only students who are enrolled and in regular attendance at the school may participate during the school year. ATTENDANCE CANNOT BE MANDATORY.

Practice During the School Day – All athletic practice during the regular hours of any school day shall conform to the same rules, regulations, and season as corresponding athletic practice outside the school day.

50% Rule – Participation (includes practice or games) during the school year on a non-school team prior to the school season by students that will play the following season on the high school team is limited to 50% of the number of players required to play the game, which would be three in basketball. Only the specified number of students participating on a non-school team prior to the school season may be placed on the high school eligibility list the following season. Those students cannot be interchanged on the school's team roster.

Tournament – All tournaments shall be held on consecutive days with no other regular season games being played during the tournament unless permission is granted by the Executive Director. A tournament is defined as competition of three or more teams and three or more games, matches, etc., which progress to determine a winner.

Hall of Champions Games – Schools may choose to play an unlimited number of games on any two dates during the week preceding the regular season. These games will not count against the number of regular season contests schools are allowed to schedule. Host schools shall send in 50% of the proceeds after paying referees to the TSSAA Hall of Champions fund.

Pre-Season Practice Rule – Begins the first day of school until the first official day of practice in that particular sport. Individual instructions may be given to no more than three students per day.

Scrimmage Rule – After the TSSAA first official day of practice, a school cannot practice with or scrimmage another school until both schools have practiced a minimum of three days. A school may have a maximum of four scrimmages or two scrimmage dates or one scrimmage date and two scrimmages. No tournament format of any type may be used. Scrimmages should look more like practice than games. Once a school has played their first game, there can be no more scrimmages.

Off-Season – Begins with the school's elimination from postseason tournament play in a particular sport and concludes with the end of the school year. Individual instructions may be given to no more than three students per day.

Summer – The period of time from the end of the school year until the beginning of the following school year.

Dead Period Rule – No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. The Dead Period, which is to be observed by all schools, is NFHS Week 52 and NFHS Week 1 – 14 days.